

Canyonlands Wilderness Canoe Trip ~ New Trier Summer School Course July 16-28, 2018



Course Description: On this 13 day course, students will study the ecology, geology, and history of the Canyonlands of Utah while completing a 120 mile canoe trip. This wilderness experience will allow each student to develop a knowledge and appreciation of their environs while developing skills necessary for successful individual and small-group travel in a rugged wilderness region. Additionally, the trip includes two days of hiking in scenic Arches NP.

Eligible students: All rising Soph, Jr, and Sr students of NTHS. No wilderness experience necessary. **Trip is limited to 12.**

Instructors: Co-leaders: David Goodspeed (NT retired teacher.) and Elizabeth Plank (Social Studies Dept.). There will be a third adult guide. We are experienced teachers, advisers and coaches. The 2018 trip will be our 11th NT summer school wilderness trip.

Timeline for Applicants:

- Mon, 4/23** *Completed applications due in box on Ms. Cohodes' desk- Room 206. Winnetka campus. Adviser and Coach/Kinetic Wellness Teacher recs must be returned directly from the recommender to Rm. 206.
- Fri, 4/27** Group participants will be selected and all applicants will be contacted through their advisor.
- Mon 5/14** Full tuition DUE in box on Ms. Cohodes' desk- Room 206. Winnetka campus (This is, at most, 50% refundable in case of cancellation)
- Wed, 5/30** Informational meeting for participating students and parents 7pm Rm. 104 Winnetka Campus. Mandatory attendance. Completed medical and safety forms will be collected at this meeting. Agenda will also include: meeting teachers/group leaders, student code of conduct, detailed trip itinerary, logistics, equipment lists, and distribution of pre-trip readings.
- July 16-28** 10 Day Canyonlands Wilderness Experience summer school course will start with a full day of classroom activities at NT before departing for Utah the next morning.

Full tuition (\$1900) includes: travel expenses, food on the canoe trip, group equipment (tents, cooking equipment, camping gear, safety and first aid equipment).

* Please remember, a \$50 summer school registration fee is due on April 23 as a separate check (payable to NTHS) and should be turned in along with the completed application.

Each student will only need the following personal equipment for the trip: sleeping bag, sleeping pad and hiking boots.

Please contact David Goodspeed (224 804 7804) bwcoach22@gmail.com or Elizabeth Plank (847 804 8101) planke@newtrier.k12.il.us if you have any further questions about the course and/or application materials.

TO BE COMPLETED BY APPLICANT:

Name: _____
Last First Middle

Address: _____ Phone: _____
_____ Birth date: _____

Parents/Guardians: _____ Parent Phone: _____

Address (if different from above): _____

Parent Email Address: _____

Current Year in School (circle one): Fr So Jr

Adviser: _____ I.D. # _____ Gender: M F

Previous wilderness travel experience:

Unscheduled and lunch periods during the school day: _____

Names of persons completing recommendations:

KW teacher or Coach: _____ Advisor: _____

TO BE COMPLETED BY PARENT/GUARDIAN:

My son/daughter _____ has my permission to apply and perhaps participate in the Canyonlands Wilderness Canoe Trip. I understand that he/she must abide by the expectations and rules of the program and of New Trier High School.

Signature of parent/guardian

Date

THIS COMPLETED APPLICATION MUST BE TURNED IN ALONG WITH A \$50 CHECK MADE PAYABLE TO: New Trier High School to box in D. Cohodes' office (Room 206 Winnetka Campus) NO LATER THAN Monday, April 23. (The \$50 fee is the standard application fee for all NT summer school courses. If you are not selected for this trip, your check will be returned to you.) There is NO online registration for this course. Additionally, if other 2018 Summer School course registration has been completed, online or otherwise, this fee is waived.

**Adviser Recommendation
New Trier Summer School Course
Canyonlands Wilderness Canoe Trip**

Student Name: _____ Current year in school: _____

Adviser completing recommendation: _____ Ext.: _____

The above student has requested a recommendation from you for his/her participation on a two-week wilderness canoe trip in the Canyonlands of Utah this summer. This is a new NT Summer School Course and is open to all incoming sophomores, juniors, and seniors. Please provide your opinions concerning the student's social-emotional qualities using the following as a guide:

- Listens well to other's ideas
- Consistently demonstrates positive values
- Is not swayed by negative influences
- Presents his/her ideas clearly to others
- Works exceedingly well with a team
- Is flexible and curious
- Strong problem solver
- Demonstrates patience
- Regards other's differences as strengths in problem solving instead of a hindrance

Do you think your advisee is independent enough to cope with the challenges he/she will face on a two week trip with a diverse student group and away from parents?

Would you want to travel for two weeks with this advisee? Why or why not?

Signature: _____

Date: _____

PLEASE RETURN THIS FORM to box on D.Cohodes' desk Room 206 (Winnetka), no later than Monday, April 23.

Thank you.

**Coach or Kinetic Wellness Teacher Recommendation
New Trier Summer School Course
Canyonlands Wilderness Canoe Trip**

Student Name: _____ Current year in school: _____
Kinetic Wellness Teacher or Coach (circle one) name: _____ Ext.: _____
Sport or KW Class in which you work with this student: _____

The above student has requested a recommendation from you for his/her participation on a two-week wilderness canoe trip in the Canyonlands of Utah this summer. This is a NT Summer School Course and is open to all incoming sophomores, juniors, and seniors.

THE PURPOSE OF YOUR RECOMMENDATION IS TO SPEAK TO THIS STUDENT'S PHYSICAL FITNESS AND MENTAL STRENGTH. The students on this trip will be paddling and hiking for up to 6-8 hours a day in a wilderness environment. Our backcountry camping will be for 8 consecutive days. Please give us your honest opinion of whether or not you think this student is ready (and excited by the physical challenges) of this kind of trip:

In addition, please provide us with any comments you think would be helpful in evaluating this student's mental fortitude, ability to be a team player, attitude, resiliency and effort:

(Use back if necess.)

Are you aware of any concerns related to this student's swimming ability?

Would you want to travel for two weeks with this student? Why or why not?

SIGNATURE: _____ DATE: _____

**PLEASE RETURN THIS FORM to box on D.Cohodes' desk Room 206 (Winnetka), no later than Monday, April 23.
Thank you.**

