

**To:** All Coaches  
**From:** Athletic Department  
**Re:** Practice Times – Specials days  
**Date:** September 13, 2017



Below are special attendance dates/holidays and the athletic department guidelines for **practices** on these dates. Head coaches, if any levels within your program plan on deviating from the times stated below, please discuss with the Athletic Department.

|   |  |
|---|--|
| Saturdays                                   | 8:00am - Noon  |
| Sundays                                     | No Practice – unless approved by Athletic Dept.  |
| Late Start/Early Dismissal                  | Regular Practice Times*  |
| Institute Days                              | Regular Practice Times*  |
| Labor Day                                   | 8:00am - Noon **   |
| Rosh Hashanah                               | <b>Day 1:</b> No competition, practice ok until sundown (6:15 pm)<br><b>Day 2:</b> - Varsity practices only (lower levels with Athletic Department approval) may be conducted beginning at 7:30 pm. Practices may not extend past 10:00pm.** |
| Yom Kippur                                  | <b>Day 1:</b> No competition, practice ok until sundown (6:15 pm)<br><b>Day 2:</b> - Varsity practices only (lower levels with Athletic Department approval) may be conducted beginning at 7:30 pm. Practices may not extend past 10:00pm.** |
| Fall Break/Columbus Day                     | 8:00am – Noon **   |
| Parent Teacher Conferences                  | Day 1 – Varsity Only with Athletic Dept. Approval<br>Day 2 – Before Conferences  |
| Veteran’s Day                               | School is in session – regular practice times  |
| State Swim                                  | No Practices @ Winnetka Campus   |
| Day before Thanksgiving                     | 8:00am – 12:00pm **  |
| Thanksgiving                                | No Practice  |
| Day after Thanksgiving                      | 8:00am – Noon **   |
| Winter Vacation: Mon-Fri except noted below | 8:00am - Noon**  |
| Christmas Eve, New Years’ Eve               | 8:00am – Noon**  |
| Christmas, New Years’ Day                   | No Practice  |
| Final Exams                                 | Per Head Coaches discretion  |
| Grading Day                                 | Per Head Coaches discretion  |
| Dr. Martin Luther King Day                  | 8:00am – Noon**  |
| Presidents Day                              | 8:00 am – Noon **  |
| Spring Break: Monday - Saturday             | 8:00am - Noon **   |
| Good Friday                                 | No Practice  |
| Memorial Day                                | 7:00am – Noon**  |

\*Non-New Trier Staff Coaches may hold practices when the students/facilities are available

\*\* These dates, head coaches please provide a practice schedule to the Athletic Office and Training Staff

The above dates do not apply to competitions

The above dates do not apply the IHSA playoff dates

Some of these dates are not on the schedule this school year, these are possible dates of interest

**Rosh Hashanah:**

Wednesday, September 20<sup>th</sup> - No competition, practice ok until sundown (6:15 pm)

Thurs, September 21<sup>st</sup> - Varsity practices only (lower levels with Athletic Department approval) may be conducted beginning at 7:30 pm. Practices may not extend past 10:00pm.

**2018:** September 9 (at sundown) - 10

**2019:** September 29 (at sundown) – 30

**2020:** September 18 (at sundown) - 19

**Yom Kippur:**

Friday, September 29<sup>th</sup> - No competition, practice ok until sundown (6:15 pm)

Saturday, September 30<sup>th</sup> - Varsity practices only (lower levels with Athletic Department approval) may be conducted beginning at 7:30 pm. Practices may not extend past 10:00pm.

Yom Kippur 2018 will begin in the evening of  
Tuesday

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September 18 and ends in  
the evening of Wednesday

,  
September 19