

# NT FROSH Tennis Info – Fall 2016 Season

**Coach:**

David Hjelmgren

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847-784-7572 (wk)

**Asst. Coach**

John Gridley

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847-784-6726

**Team Philosophy: We are good people. We will work hard. We will play to win.**

## Help Needed!

- **Parent Snack/Communication Coordinator:** One individual to help coordinate snacks early in the season, Girls teams love snacks! I am happy to provide input as to types of healthy snacks. If the situation arises, this parent will also be more go-between for any team parent communication as needed! (Usually not much these days)

**Thank you to** \_\_\_\_\_

- **Carbo Fest #1 HOST:** September 10<sup>th</sup> @ 5pm
- **Carbo Fest #2 HOST:** September 17<sup>th</sup> @ 5pm
- **Carbo Fest #3 HOST:** ??

**Thank you to** \_\_\_\_\_

**Thank you to** \_\_\_\_\_

TBD

**Please email me if you are able to assist with any of these roles. Thank you!**

**Remind Texts: All news and information will be sent via twitter as texts to your phone.**

Parents/Guardians may also receive their own texts if they like.

**Parents** should sign up with a text to: 81010 or 571-384-4552 the message = @trevs

Please write your name when asked so I know who is receiving texts.

**Website:**

[http://www.newtrier.k12.il.us/Extracurricular\\_Activities/Athletics/Girls\\_Sports/Tennis/Girls\\_Tennis/](http://www.newtrier.k12.il.us/Extracurricular_Activities/Athletics/Girls_Sports/Tennis/Girls_Tennis/)

**Schedules:**

<http://www.trevianschedule.org/>

You may receive notifications of changes here too. Click “notify me.” Parent friendly.

**Code Meeting: Thursday, August 18<sup>th</sup>. Northfield Campus Cafeteria – 6:30 PM**

All players attend with at least one parent/guardian.

There is one general meeting as an entire program, and a short meeting after with our team.

We hope to be done between 7:30 – 7:45.

**Picture Day: Saturday, August 20<sup>th</sup>. Northfield Campus – Arrive by 12:00 PM (Frosh Team)**

All players will get a picture form in advance.

Team will be dismissed immediately after the pictures are taken.

Hopefully this will be on schedule – my best guess is that we will be done before 12:45

**Banquet: Date and Location TBD (Late October/Early November)**

All players from all levels are expected to attend with parents/guardians!

**Uniforms:**

We already have team uniforms. **Optional items can be ordered online through August 22.**

**Practice:**

We practice Monday through Friday from 3:15 to ~ 4:45 at the Northfield Campus.

\*On rainy days, we may meet to condition, and will likely finish by 4:15 unless otherwise stated.

**Merit Play:**

**Players play according to merit.** Top players play more.

\*Note: I make every effort to play everyone as often as possible!

**Rainouts:**

May or may not be rescheduled.

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[gridleyj@nth.net](mailto:gridleyj@nth.net)

847-784-7572 (wk)  
 847-784-6726

## Schedule

Day	Date	Plan	Time Estimate	Opponent	Location
Wednesday	August 10	Tryouts	8 – 10 am & 2 – 4 pm	*Subject to Change	New Trier - Northfield Campus
Thursday	August 11	Tryouts	8 – 10 am & 2 – 4 pm	*Subject to Change	New Trier - Northfield Campus
Friday	August 12	Tryouts	8 – 10 am & 2 – 4 pm	*Subject to Change	New Trier - Northfield Campus
Saturday	August 13	Tryouts (?)	TBD		
Monday	August 15	Tryouts (?) / Practice	8:00 – 10:00 am		New Trier - Northfield Campus
Tuesday	August 16	Tryouts (?) / Practice	8:00 – 10:00 am		New Trier - Northfield Campus
Wednesday	August 17	Practice	8:00 – 10:00 am		New Trier - Northfield Campus
Thursday	August 18	Practice	8:00 – 10:00 am		New Trier - Northfield Campus
Friday	August 19	Practice	8:00 – 10:00 am		New Trier - Northfield Campus
Saturday	August 20	Picture Day	Arrive by 12:00 pm		New Trier - Northfield Campus
Monday	August 22	Practice	8:00 – 10:00 am		New Trier - Northfield Campus
Tuesday	August 23	Practice	8:00 – 10:00 am		New Trier - Northfield Campus
Wednesday	August 24	Practice	8:00 – 10:00 am		New Trier - Northfield Campus
Thursday	August 25	AWAY MATCH	3:15 – 7:00	Barrington	Barrington HS - (Location TBD)
Friday	August 26	Day Off			
Monday	August 29	Practice	3:15 – 4:45		New Trier - Northfield Campus
Tuesday	August 30	AWAY MATCH	3:15 – 7:00	Glenbrook South	Glenbrook South HS
Wednesday	August 31	Practice	3:15 – 4:45		New Trier - Northfield Campus
Thursday	September 1	HOME MATCH	3:15 – 7:00	Lake Forest Academy	New Trier - Northfield Campus
Friday	September 2	Practice	3:15 – 4:45		New Trier - Northfield Campus
Monday	September 5	Day Off (Labor Day)			
Tuesday	September 6	Practice	3:15 – 4:45		New Trier - Northfield Campus
Wednesday	September 7	HOME MATCH	3:15 – 7:00	Glenbrook North	New Trier - Northfield Campus
Thursday	September 8	AWAY MATCH	3:15 – 7:00	Deerfield	Deerfield HS - (Location TBD)
Friday	September 9	Practice / Carbo Fest	3:15 – 4:45 (Carb Fest @ 5)		NT - Northfield Campus & Location TBD
Saturday	September 10	Tournament	7:45 am - (4:00?)	Barrington/HC/Loyola	New Trier - Northfield Campus
Monday	September 12	Practice	3:15 – 4:45		New Trier - Northfield Campus
Tuesday	September 13	Practice	3:15 – 4:45		New Trier - Northfield Campus
Wednesday	September 14	Practice	3:15 – 4:45		New Trier - Northfield Campus
Thursday	September 15	HOME MATCH	3:15 – 7:00	Evanston	New Trier - Northfield Campus
Friday	September 16	Practice / Carbo Fest	3:15 – 4:45 (Carb Fest @ 5)		NT - Northfield Campus & Location TBD
Saturday	September 17	Tournament	7:45 am - (4:00?)	Many Teams	Glenbrook North HS (Main Campus)
Monday	September 19	Practice	3:15 – 4:45		New Trier - Northfield Campus
Tuesday	September 20	HOME MATCH	3:15 – 7:00	Glenbrook South	New Trier - Northfield Campus
Wednesday	September 21	Practice	3:15 – 4:45		New Trier - Northfield Campus
Thursday	September 22	Practice	3:15 – 4:45		New Trier - Northfield Campus
Friday	*September 23	HOME MATCH	3:15 – 7:00	Loyola	New Trier - Northfield Campus
Saturday	September 24	Tournament	7:45 am - (4:00?)	Many Teams	Oak Park River Forest HS
Monday	September 26	AWAY MATCH	3:15 – 7:00	Glenbrook North	Glenbrook North - (Location TBD)
Tuesday	September 27	AWAY MATCH	3:15 – 7:00	Evanston	Evanston HS - (Location TBD)
Wednesday	September 28	Practice	3:15 – 4:45		New Trier - Northfield Campus
Thursday	September 29	AWAY MATCH	3:15 – 7:00	Loyola	Loyola HS
Friday	September 30	Practice	3:15 – 4:45		New Trier - Northfield Campus
Monday	October 3	Day Off (Rosh Hashanah)			
Tuesday	October 4	HOME MATCH	3:15 – 7:00	Libertyville	New Trier - Northfield Campus

\* There may be a match or two added and/or rescheduled. Thank you for your flexibility.

\* **Athletic Code Meeting** for the ENTIRE tennis program the evening of August 18<sup>th</sup>.

\* There will be an **End of Year Banquet** for the ENTIRE tennis program one evening late October/Early November. Details TBA

### Home Matches – Generally end between 6:30 & 7 (estimates)

- Matches begin when teams arrive, but students are expected to be on site at the times listed.
- All players are required to stay until the end of all matches.

### Away Matches – We generally return to NT between 6:30 & 7:30 (estimates)

- Only participating players attend away matches.
- All players are expected to ride the bus to and from all matches unless there is an extenuating circumstance cleared with the coach ahead of time.
- Pick up & drop off will be at the NORTHFIELD CAMPUS behind the school (in the lot off of Frontage Rd).
- Players that do not play in an away match may still have practice.
- Players not playing in a Saturday tournament are “off.”
- Locations MAY change for away matches. Please watch for text updates.