



NEW TRIER
extension

Summer 2018

Register today at www.ntx203.org

NEW
TRIER

HIGH SCHOOL

*To commit minds to inquiry,
hearts to compassion, and lives
to the service of humanity.*

New Trier Extension...

Something Old, Something New



In October 2017, New Trier High School proudly celebrated “New Trier Anew” at the opening of the Winnetka Campus’ new building. This two-year construction project led many New Trier Extension classes to be held exclusively at the Northfield Campus. Now the tables are turning, and this summer there will be a number of construction projects taking place at the Northfield Campus, including the closure and re-surfacing of a major parking lot, as well as extensive concrete repair throughout the campus.

To accommodate these projects while still running our NTX summer programs, ALMOST ALL of the daytime NTX classes will be held at the Winnetka Campus. Please be sure to check your catalog for the class location as well as your class receipt. The NTX office will still be located at the Northfield Campus.

We are working closely with school officials to ensure that this is a smooth transition for our NTX students. In addition to your class instructor, we will have a New Trier Extension staff member at the Winnetka Campus for much of the summer to help you find your way to the classroom and provide additional support.

NTX students will have the pleasure of using both the new classrooms, as well as using the existing classrooms. Please see the detailed directions on pages 46-47 of the catalog for information on where to park and which entrance to use.

We hope you’ll join us for another season of learning and fun!

DeDe Kern, MS, CPP

New Trier Extension Manager

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NEW TRIER



NTX STAFF

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Lia Kass, *Editor & Designer*

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Special thanks to Tom James' students for providing the art in this catalog.
View more at: <https://bit.ly/2JKgyZ0>
Cover art by: Rita DiVito

ONE OF A KIND

Learning To Write In Cursive

Mary Ann McGinley • **3 sessions**

Is your child able to read and write cursive? Last October, both the Illinois Senate and House passed a bill requiring cursive writing to be taught in Illinois elementary schools. These classes will give your child an introduction to this important skill. Both reading and writing of cursive will be taught. Bring a pencil and get ready to learn. Recommended for students entering grade 4 and up.

Location: NT Winnetka

182-703 DAYS: Mon., Tues., Wed.

REGISTER

TIME: 5:00-6:00P

DATES: 6/18-6/20

FEE: \$72 (no discounts)

Get Your Foot In The Door - Resume 101

Darrin Utynek • **1 session**

This class will focus in on the basics of building an effective and updated resume. It does not matter if you are a seasoned professional or simply looking to get back into the workforce; this session will give you the tools to successfully begin your path to success. This session will be interactive, allowing for open discussion and class participation.

Location: NT Northfield

182-732 DAY: Tues.

REGISTER

TIME: 7:00-8:30P

DATE: 6/19

FEE: \$29/Seniors \$26

Group Travel

Shelly Greenberg • **1 session**

Group travel is a safe and affordable way to travel. Shelly Greenberg is a retired computer consultant, who along with his wife Patti, loves to travel. Their passion has led them to many parts of the world with more to come. Shelly's presentation will cover international group travel based on their personal experiences in trips to Africa, Asia, Europe and Central and South America. Learn about opportunities available for group travelers and what to look for in choosing a group travel company. Shelly became so hooked on this type of travel and the company they like to travel with that he became an independent travel counselor and makes travel presentations to individual groups and organizations. This will be an informational session on the benefits of group travel and not a sales pitch.

Location: NT Northfield

182-720 DAY: Wed.

REGISTER

TIME: 7:00-9:00P

DATE: 6/20

FEE: \$20 (no discounts)



Lorry Sturm

ONE OF A KIND

Save It To The Cloud

Michael Gershbein • 1 session

Save yourself time and hassle if one of your devices “conks out.” Learn how to back up your documents, music and photos to online cloud solutions, many of which are cheap or free. We’ll also show the basics of onsite backup and the 3-2-1 backup strategy.

Useful for safety and sharing!

Location: NT Northfield

182-705 DAY: Thurs.

REGISTER

TIME: 7:00-9:00P

DATE: 6/21

FEE: \$28/Seniors \$25

The Adoption Process From A To Z

Sally Wildman • 1 session

Sally Wildman, a Chicago and Northbrook attorney with many years of experience in adoption practice, helps you explore the world of adoption. She presents the fundamentals and legal steps of this process with focus on preparing you to adopt. Wildman distinguishes the many types of adoption available, including agency, private, foreign and foster parent adoptions. She will guide you through home study, foster parent licensing and immigration steps required in this process. Identify your best options as Wildman shares resources on choosing adoption agencies, attorneys, adoption organizations and related professionals. Discussion concludes by considering the common needs of adopted children and the current trend toward openness in adoption.

Location: NT Northfield

182-753 DAY: Thurs.

REGISTER

TIME: 7:00-9:15P

DATE: 6/28

FEE: \$18/person (no discounts)

Simple Adult Quirky Dolls

Nancy Simon • 1 session

Want to get out of your head and into something creative? Come join us for an afternoon of doll making. Using cotton sheets and a variety of yarns, fabric scraps and accessories, you will put together a lovely creation to take home and admire. Make a wonderful gift for yourself or someone else! Participants have said how much fun this class is and how it helped them relax. Beginners are welcome. Minimum of 6.

Location: NT Northfield

182-758 DAY: Sat.

REGISTER

TIME: 1:00-3:30P

DATE: 6/23

182-759 DAY: Sat.

REGISTER

TIME: 1:00-3:30P

DATE: 7/21

FEE: \$26/Seniors \$23



Karen Mattenson

ONE OF A KIND

How Do I Sell My Stuff?

George Glastris • 4 sessions

Are you dealing with a parent's estate and wondering what there is and what to do with it? Maybe you are planning on downsizing and no longer have room for everything. Many of us simply have too much stuff that we no longer need, and don't know what is a valuable antique, an interesting collectible, or just second-hand. In this class you will learn what to look out for, how to identify valuables, the different outlets to sell things (and how NOT to sell things), and the pros and cons of those various outlets. The first class will focus on special issues when dealing with someone else's estate or what to do before you move. For the last class, you will have the opportunity to bring in an object for a verbal appraisal.

Location: NT Northfield

182-725

DAY: Wed.

REGISTER

TIME: 7:00-8:30P

DATE: 7/11-8/1

FEE: \$69/Seniors \$59

Rock The Job Interview

Darrin Utynek • 1 session

Interviewing can be quite a scary and daunting experience, as it is a skill people do not utilize very often. This class will focus on preparing you to ensure you are presenting your skills and experience in the best way possible. This will be an interactive session, allowing for open discussion and class participation.

Location: NT Northfield

182-733

DAY: Tues.

REGISTER

TIME: 7:00-8:30P

DATE: 7/17

FEE: \$29/Seniors \$26

Cut The Cable Cord *NEW*

Michael Gershbein • 1 session

Is your monthly cable bill pushing you over the edge? You have options! Amazon, Apple and Netflix offer just a few of the options available for people who are interested in cutting the cable cord. Find out all the best services, as well as streaming devices like Roku and Apple TV.

Location: NT Northfield

182-706

DAY: Thurs.

REGISTER

TIME: 7:00-9:00P

DATE: 7/26

FEE: \$28/Seniors \$25

Google Docs and Drive *NEW*

Michael Gershbein • 1 session

You don't need to buy Microsoft Office to have access to quality email, calendar, word processing, spreadsheet and slideshow software. Learn all about what you can do with access to free Google products.

Location: NT Northfield

182-707

DAY: Thurs.

REGISTER

TIME: 7:00-9:00P

DATE: 8/9

FEE: \$28/Seniors \$25

HEALTHY LIVING

Backyard Medicine *NEW*

Laura Helms • 1 session

In this one-day workshop we will make a tincture, a salve, a vinegar, or a tea, all from common plants that grow in our own backyards during spring. The class will walk to a nearby area to explore and gather supplies. All materials will be provided. Location: NT Northfield

182-728 DAY: Sat.

REGISTER

TIME: 9:00A-12:00P

DATE: 6/23

FEE: \$53/Seniors \$48

Make Your Own Healthy Snacks (And Save Money, Too!) *NEW*

Evey Schweig • 1 session

Looking for a healthy alternative to store-bought snacks? In this workshop, you will learn what makes a snack healthy, what to look for when shopping, and then, make your own healthy, cost-effective snack bars. You'll get to sample your creations and take recipes home to try on your own. Presented by Certified Health Coach, Evey Schweig. Location: NT Northfield

182-711 DAY: Thurs.

REGISTER

TIME: 7:00-8:30P

DATE: 7/12

FEE: \$31/Seniors \$28



Alice Goodman



Jo Murphy

ART

Beginning Drawing for True Beginners

Tom James • 10 sessions

Yes, you can! It's never too late to learn. In the past session, the class learned fundamental drawing exercises using pencils and colored pencils. Each class had step-by-step exercises to learn how to "see" and execute a drawing and worked on visual skills. The summer session will focus on drawing the representational landscape. It will be an intimate drawing class with a lot of teacher demos.

Location: Wilmette Community Recreation Center

182-165 DAY: Thurs.

REGISTER TIME: 12:30-2:30P

DATES: 6/21-8/23

FEE: \$210/Seniors \$189



Cathy Lalich

Beginning/Intermediate Drawing

Tom James • 10 sessions

This course is for everyone interested in learning how to draw, as well as those who would like to improve their drawing abilities: new students, as well as continuing students. Both courses will focus on drawing techniques. These classes will focus on developing drawing skills with pencil and colored pencil. The summer session will focus on drawing the representational landscape. Students will create finished pieces of art. Class limit is 15.

Location: Wilmette Community Recreation Center

182-150 DAY: Mon.

REGISTER TIME: 7:00-9:00P

DATES: 6/18-8/20

182-151 DAY: Thurs.

REGISTER TIME: 10:00A-12:00P

DATES: 6/21-8/23

FEE: \$210/Seniors \$189

Creative Drawing

Tom James • 10 sessions

These drawing classes are hands-on creativity sessions for artists, focusing on using the imagination. Classes this term will be centered around using mixed mediums, colored pencil, and oil pastels with emphasis on original expression and creativity. Class limit is 15.

Location: Wilmette Community Recreation Center

182-152 DAY: Mon.

REGISTER TIME: 10:00A-12:00P

DATES: 6/18-8/20

FEE: \$210/Seniors \$189

ART

Beginning Painting/ Painting Studio

Tom James • 9 sessions

Come learn the basic techniques of acrylic painting in a structured class. First, you will learn about the nature of acrylic paints, brushes and canvas. Attendance at the first class is critical as you will learn how to grid the photo source. The class will stress the use of different brush techniques and will include painting demonstrations by the instructor. The class will also be structured around everyone working from the same source material chosen by the instructor. A supply list will be emailed with registration. The evening class is also appropriate as a continuing studio course for the intermediate/advanced student who wants to work independently. Prerequisite for both classes: knowledge of drawing or previous painting experience. Class limit is 12.

Location: Wilmette Community Recreation Center

182-154 DAY: Wed.
REGISTER TIME: 7:00-9:00P
DATES: 6/20-8/22
FEE: \$189/Seniors \$170

*No class 7/4

182-156 DAY: Thurs.
REGISTER TIME: 12:30-2:30P
DATES: 6/21-8/23
FEE: \$189/Seniors \$170

Painting: Intermediate/Advanced Studios

Tom James

These studio class sessions are for students who have experience with painting in oils/acrylics/watercolor or mixed media. Emphasis will be on personal expression and style, be it representational, expressionist, impressionist or anything else. In these studio classes, the teacher will provide individual attention to further each student's abilities. Class limit is 12.

Location: Wilmette Community Recreation Center

9 sessions

182-157 DAY: Tues.
REGISTER TIME: 7:00-9:00P
DATES: 6/19-8/21

182-158 DAY: Wed.
REGISTER TIME: 10:00A-12:00P
DATES: 6/20-8/22

182-159 DAY: Wed.
REGISTER TIME: 12:30-2:30P
DATES: 6/20-8/22
FEE: \$189/Seniors \$170

*No class 7/3, 7/4

10 sessions

182-155 DAY: Mon.
REGISTER TIME: 12:30-2:30P
DATES: 6/18-8/20

182-160 DAY: Fri.
REGISTER TIME: 10:00A-12:00P
DATES: 6/22-8/24
FEE: \$210/Seniors \$189

ART

Painting A Day

Tom James • 10 sessions

This program, for the intermediate/advanced painter, has become a fast favorite for our painting students. The focus will be on freehand/representational painting and each week the class will have a new assignment and new lesson. Lessons will focus on seeing shapes, values, and spontaneity. Plenty of class demonstrations and discussions enhance the learning environment. The class works on either canvas paper or 300lb watercolor paper (block watercolor pads). The objective of this class is to expand one's painting horizons through a weekly assignment of small 8"x10" paintings. The class is loosely based on Daily Painting by Carol Marine, which is recommended for the class. Location: Wilmette Community Recreation Center

182-166

DAY: Tues.

REGISTER

TIME: 10:00A-12:30P*

DATES: 6/19-8/21

FEE: \$260/Seniors \$240

**2.5 hour class*

182-167

DAY: Tues.

REGISTER

TIME: 12:45-2:45P

DATES: 6/19-8/21

182-168

DAY: Thurs.

REGISTER

TIME: 7:00-9:00P

DATES: 6/21-8/23

FEE: \$210/Seniors \$189

Watercolor For All Levels

Fran Vail • 6 sessions

Learn to paint in watercolor with singing colors and varied styles. This course will be tailored to your individual skill level from the very beginner to those who have a higher level of watercolor experience, with plenty of personalized instruction. Instruction is done step-by-step, but students may also paint independently as they wish. Students will learn color mixing, painting techniques, working from photos, composition, and other skills to move their painting to the next level. A supply list will be emailed with your registration confirmation. Limit of 12. Location: NT Winnetka

182-172

DAY: Wed.

REGISTER

TIME: 9:30A-12:00P

DATES: 6/20-8/1

FEE: \$158/Seniors \$134

**No class 7/4*



Tom Jennings

BRIDGE

Beginning Bridge 1.0

Jan Churchwell • 8 sessions

This course will give the beginner a firm foundation and basic fundamentals in the wonderful game of bridge. It is also a good refresher for those returning to the game after a long hiatus or for players who would like to learn the modern “Standard American” system of bidding. We will cover opening bids of a suit and No Trump, responses and rebids, as well as overcalls, takeout doubles and the Stayman convention. Limit of 12.

Location: NT Northfield

182-502 DAY: Thurs.

REGISTER

TIME: 7:15-9:15P

DATES: 6/7-7/26

FEE: \$172/Seniors \$147

Brush Up And Keep Up I

Marilyn Richards • 6 sessions

Experience in playing is the best and only way to remember and hone your new bridge skills. Summer is a great time to review and just play. Pre-dealt hands will be reminders of bidding and play theories which were first introduced in Bridge 1.0 (see description for 1.0). We will cover opening and responding in a suit or No Trump, takeout doubles and Stayman. For those students who have completed Beginning Bridge 1.0 or the equivalent. Limit of 16.

Location: NT Winnetka

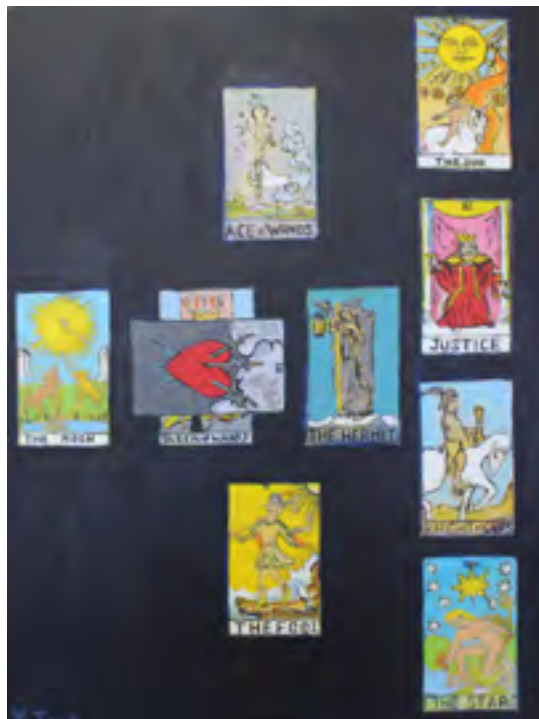
182-503 DAY: Thurs.

REGISTER

TIME: 9:30-11:30A

DATES: 6/21-7/26

FEE: \$129/Seniors \$110



Ronna Zack

BRIDGE

Beginning Bridge 2.0 Play of the Hand

This class is for students who have completed Beginning Bridge 1.0 and are ready for the next level and for people with previous knowledge who are returning to the game after some time. We will focus on declarer play techniques such as promotion and suit establishment, finesses, ruffing in the dummy and discarding losers, hold-up plays, watching out for entries and the “dangerous opponent.” We will review the basics of bidding, basic defense guidelines, and you will learn new bids including Weak Two’s, Strong Opening Two Club bids, and Jacoby Transfers. Please see class receipt for required text information. Limit of 12.

Marilyn Richards • **6 sessions**
Location: NT Winnetka

182-504 DAY: Mon.

CANCELED
TIME: 7:15-9:15P
DATES: 6/6-8/1
FEE: \$129/Seniors \$110

Jan Churchwell • **8 sessions**
Location: NT Northfield

182-505 DAY: Wed.

REGISTER

TIME: 7:15-9:15P

DATES: 6/6-8/1

FEE: \$172/Seniors \$147

*No class 7/4

Brush Up And Keep Up II

Marilyn Richards • **6 sessions**

This class is for students who have completed Bridge 2.0 Play of the Hand, or its equivalent. By this time you have had exposure to the basics of bridge, as well as Pre-emptive Opening bids (Weak 2’s, 3’s and 4’s), strong opening bids including the Strong Two club, and Jacoby Transfers. Practice your bidding and review play techniques including Finesses, Hold-Up plays, managing the trump suit and developing tricks through promotion, length and ruffing in the dummy. Limit of 16.

Location: NT Winnetka

182-510

DAY: Mon.

REGISTER

TIME: 1:00-3:00P

DATES: 6/18-7/23

FEE: \$129/Seniors \$110

Brush Up And Keep Up III

Marilyn Richards • **6 sessions**

Enjoy summer practicing the bridge skills you have learned so far. If you have completed Bridge 3.0 or have knowledge of basic bidding, declarer play and defensive strategies, these supervised play sessions using pre-dealt hands will give you practice with bids including Stayman, Jacoby Transfers and Negative doubles. Reminders and helpful hints will be offered as you hone the skills used in Declarer Play and Defense. Limit of 16.

Location: NT Winnetka

182-512

DAY: Thurs.

REGISTER

TIME: 1:00-3:00P

DATES: 6/21-7/26

FEE: \$129/Seniors \$110

COMPUTERS

Learning About Your Mac

Mary Ann McGinley • **1 session**

Are you a self-taught Mac user? Despite the commercials, learning to use a Mac is NOT intuitive. In this class, you will learn tips to make use of the many hidden features Mac has to offer. Besides the basic techniques of the Mac, you will work with windows, dock, files, folders, scrolling, resizing and much more. No computer experience necessary. Each student will work at a separate computer. If you have a laptop, you may bring it to class. Limit of 10.

Location: NT Winnetka

182-220 DAY: Mon.

REGISTER TIME: 6:30-8:30P

DATE: 6/18

FEE: \$42/Seniors \$36

Macintosh Maintenance

Mary Ann McGinley • **1 session**

Is your computer a jumble of files all over the place? This is the class to learn how to organize your files, rename them, and clear out unwanted clutter. Do you know which apps are good and which are fatal? A good maintenance schedule will keep your Mac running smoothly. In this class, we will look at the three different aspects of keeping your Mac healthy and happy: updating, maintenance, and troubleshooting. Each student will work at a separate computer. If you have a laptop, you may bring it to class. Limit of 8.

Location: NT Winnetka

182-221 DAY: Tues.

REGISTER TIME: 6:30-8:30P

DATE: 6/19

FEE: \$42/Seniors \$36

Photo

Mary Ann McGinley • **2 sessions**

The old iPhoto has been replaced with Photo, and the many new, strong features can be confusing. This class will introduce you to the wonders of the new Photo and help you organize your digital photos with basic image edits.

Location: NT Winnetka

182-222 DAY: Wed.

REGISTER TIME: 6:30-8:30P

DATES: 6/20-6/27

FEE: \$84/Seniors \$72

Pages

Mary Ann McGinley • **1 session**

Why spend money for a word processing program when you already have a free one loaded on your Mac? Learn how to use Pages, Apple's answer to Microsoft Word. Each student will work at a separate computer. If Pages is loaded on your laptop, you may bring it to class. Limit of 10.

Location: NT Winnetka

182-223 DAY: Mon.

REGISTER TIME: 6:30-8:30P

DATE: 6/25

FEE: \$42/Seniors \$36

Using Your Mac to Surf the Web

Mary Ann McGinley • **1 session**

Stop *searching* the Internet, start *finding*! This class will provide tips and tricks to make your surfing more successful. Each student will work at a separate computer. For Mac users only, not for PC. Limit of 10.

Location: NT Winnetka

182-224 DAY: Tues.

REGISTER TIME: 6:30-8:30P

DATE: 6/26

FEE: \$42/Seniors \$36

CULINARY

Modern Mexican *NEW*

Blair Carothers • 1 session

Mexican food isn't just about tacos and enchiladas. We will take advantage of summer produce to learn about new trends in Mexican cooking. Let's explore Mexico's regional specialties from Baja to the Yucatan. This class will focus on fresh foods. Learn to make dishes that are great for hosting your own fiesta or can be incorporated into your everyday menus.

Location: NT Northfield

182-304 DAY: Tues.

REGISTER TIME: 6:00-8:30P

DATE: 6/19

FEE: \$59/Seniors \$54

Summer Party Staples *NEW*

Blair Carothers • 1 session

Summer parties are the best! It's the time of year for garden parties, picnics, pool parties, and BBQs. We will discuss considerations for planning an outdoor event and of course, appetizers, side dishes, sweets and treats that are great for gatherings. Let's make some fun, easy dishes that will impress your guests all summer long!

Location: NT Northfield

182-305 DAY: Thurs.

REGISTER TIME: 6:00-8:30P

DATE: 6/28

FEE: \$59/Seniors \$54

A Meal in a Pocket *NEW*

Jeanne Wakenight • 1 session

Join us for a fun evening of learning how to make a "Pocket Meal." Pocket meals are perfect for breakfast, lunch or dinner "grab-and-go" situations. Great for picnics, boating trips, or last minute meals for kids before practice. Maximum 12 students.

Location: NT Northfield

182-310 DAY: Tues.

REGISTER TIME: 6:00-8:30P

DATE: 6/26

FEE: \$43/Seniors \$39

It's All About the Vegetables *NEW*

Jeanne Wakenight • 1 session

Come and enjoy learning some new ways of preparing the abundance of inexpensive produce from the Farmer's Market. It's always fun to find different recipes that will even entice your kids to eat their vegetables! Maximum 10 students.

Location: NT Northfield

182-311 DAY: Thurs.

REGISTER TIME: 6:00-8:30P

DATE: 8/9

FEE: \$43/Seniors \$39

DANCE

Catch the Beat, Rhythm Dances

Bob Urbon • 7 sessions

Join us and enjoy these easy to learn dances. Wow your friends at your next social event. For couples ages 18 and up. No prerequisite, but bring a partner. Please wear leather-soled shoes, if possible. Limit of 14 couples. Location: NT Northfield

182-750

DAY: Tues.

REGISTER

TIME: 7:00-8:00P

DATES: 6/12-7/31

FEE: \$96/Seniors \$82

*No class 7/3

Modern Dance/Ballet/Jazz *NEW*

Katy Rashman Wagner • 7 sessions

Take part in an outstanding physical and brain-engaging workout for the new/beginning or intermediate adult dance student! Class includes barre work, center work, locomotor combinations, and meaningful choreography to contemporary artists, African instrumentals, and even Bach and Vivaldi cello music! This special class involves a unique blend of Jazz, Modern, and Ballet exercises, techniques and choreography. Katy's class incorporates core strength, balance, flexibility, artistic expression, coordination and agility. Charismatic, quality, and personalized instruction is included!

Location: NT Northfield

182-755

DAY: Tues.

REGISTER

TIME: 4:00-5:00P

DATES: 6/19-8/7

FEE: \$77/Seniors \$69

*No class 7/3



Tom Jennings

FENCING

NTX – Caliber Fencing Club

NTX Coaching Staff

New Trier X-Caliber Fencing Club is a USA Fencing sanctioned club in the Illinois Division, the sixth largest fencing division in the US and growing! Our goal is to teach and further our students' skills in the sport of fencing, whether that be competitive or recreational. Our experienced staff includes coaches from the New Trier High School's Varsity program, as well as two other experienced coaches. The new format features an additional fencing day and a host of other benefits!

For detailed information or specific fencing questions, please contact Coach Shawn Smith at Smittyfencer@yahoo.com.



Jim Eisenmann

Beginning Fencing Membership for All Ages

NTX Coaching Staff • **12 sessions**

This membership is designed for those who are either brand new to the sport of fencing or have some experience but need to improve their basic skills before moving on. For students grade 3 and up. Beginners will start with instructor-led skills and drills three times a week for 45 minutes. Members will then be able to stay after to spar during club hours from 7:15-9 p.m. Take a look and you will find this is the best value around for instruction and open-fencing opportunities. At the end of each session, each student will be evaluated for advancement. No discounts. No pro-rating. Location: NT Winnetka

182-439 Mondays & Thursdays: 6:30-7:15P
REGISTER Saturdays: 10:00A-1:00P
DATES: 6/4-6/30

182-440 Mondays & Thursdays: 6:30-7:15P
REGISTER Saturdays: 10:00A-1:00P
DATES: 7/9-8/4

FEE: \$151

FENCING

NTX – Caliber Fencing Club

NTX Coaching Staff

The NTX Caliber Fencing Club is a year-round fencing club that meets throughout the year with the exception of the month of August and school holidays. This membership is for those who have a good understanding of the basics and want to further their skills, recreationally or competitively, in Foil, Sabre, or Epee. Members will have access to two advanced skills classes per week, one weapons specific class per week, free fencing/sparring on any club day, a 15-minute lesson weekly or bi-weekly (depending on availability) with one of our coaches, discount on half-hour private lessons. No pro-rating on membership fees. Detailed class schedule will be provided upon registration. Membership may be purchased at any time during the year and will expire three months, six months or one year from date of purchase depending on your membership.

182-443 3-month membership **\$212**

REGISTER

182-445 6-month membership **\$423**

REGISTER

182-446 1-year membership **\$798**

REGISTER

Summer Schedule

Mon. Wed. Thurs. **6/4-8/2** 6:30-9:00P

Sat. **6/9-8/4** 10:00A-1:00P

**No class 7/4*

Drop-In Fencing

NTX Coaching Staff

A drop-in, open fencing program to hone your skills by working out and competing with other fencers during Club sessions. Sessions will be supervised, but no instruction will be given (class at beginning of each session is available to NTX-Caliber club members only). Fencers may borrow non-electrical equipment, and those wishing to fence electric must provide their own equipment. No online registrations accepted. Open to fencers 3rd grade through adult who have completed a beginning session satisfactorily or have comparable experience and have been evaluated by a member of the coaching staff. Participants must sign NTX waiver on site prior to participating.

Location: NT Winnetka

182-447

REGISTER

**Mondays, Wednesdays,
& Thursdays: 6:30-8:30P
Saturdays: 10:00A-1:00P**

DATES: 6/4-8/4

FEE: \$10 per session

**No class or drop-in 7/4*

FINANCIAL PLANNING

Sell Your Home for Top Dollar in Today's Market

Michael P. Olach • 1 session

Prepare your home for sale and get it sold, on your own or with an agent. This class gives you step-by-step instructions on preparing your home for today's competitive market, determining current home values, home staging, advertising that really works and holding a successful open house. We'll also cover required disclosures, the Residential Real Estate Contract, and how to handle inspections.

Location: NT Northfield

182-292 DAY: Wed.

REGISTER **TIME:** 6:30-8:30P

DATE: 6/27

FEE: \$19 (no discounts)

First-Time Home Buyer

Michael P. Olach • 1 session

Are you a first time buyer? Have you done your research, yet you're still confused about the process? This course offers valuable insight regarding the process of home ownership. Get a head start and obtain the knowledge needed for the buying of your first home. Learn about the different down payment assistance programs, and educate yourself on the roadblocks to look out for. Get familiar with contracts, closing costs, inspections, appraisals, down payments, interest rates, credit requirements, and negotiating with banks and sellers.

Location: NT Northfield

182-291 DAY: Tues.

REGISTER **TIME:** 6:30-8:30P

DATE: 7/17

FEE: \$19 (no discounts)

How to Purchase a Second Home or a Vacation/Retirement Property

Michael P. Olach • 1 session

This 90-minute class will teach and inform you of the best way to purchase your own vacation home or second home. Learn the guidelines that banks require to make owning your vacation or second home a reality. This class will go over minimum down payments necessary, credit requirements, affordability and the different rules for purchasing different types of vacation/second homes. This class is **not** a class on buying or owning time shares.

Location: NT Northfield

182-290 DAY: Thurs.

REGISTER **TIME:** 6:30-8:00P

DATE: 7/19

FEE: \$19 (no discounts)



Maggie Zielinski

FINANCIAL PLANNING

Estate Planning

Kevin Fitzsimons • **2 sessions**

What is the difference between a will and a living trust? What is a living will versus a health care power of attorney? What documents should you have? This class provides a detailed understanding of estate planning documents and their purposes. We will discuss the many reasons to plan your estate, including to avoid probate, to avoid unnecessary death taxes, to provide for you and your family's financial protection during old age and/or disability, and to make sure your property goes to your loved ones at your death and is left to them in such a way you believe is best. We will also discuss changes (proposed or passed by Congress) to the federal estate tax laws. This course is designed to make this very complex process easy for the layperson to understand and will encourage questions and discussion of your particular concerns. An optional text is available in class for \$35, check or cash only.

Location: NT Northfield

182-242 DAY: Tues.

REGISTER

TIME: 6:00-7:30P

DATES: 7/17-7/24

FEE: \$48/Seniors \$41

Executor? Trustee? Help!

Kevin Fitzsimons • **1 session**

This seminar will explain what it means to be an executor, a trustee, and an administrator, and the differences among them. We will cover in-depth who can legally be appointed to those positions, what they are required to do, how difficult it is, and issues related to probate with detailed examples. The class is designed to encourage questions and to help you understand who is best qualified to act as an executor and/or trustee. Learn the myths and realities of these positions.

Location: NT Northfield

182-243 DAY: Thurs.

REGISTER

TIME: 6:00-8:00P

DATE: 7/26

FEE: \$32/Seniors \$27



Maureen Yamashiro

FITNESS

Physical Conditioning

Bill Sachse • **32 sessions**

Get in shape, *stay in shape!* Here is your chance to use the fine conditioning facilities at New Trier. A physical examination is recommended prior to participating in any physical activity. This program has a group component, and also allows an opportunity for self-guided exercise. Flexibility stretching, weight training and cardio are all areas of focus in this morning workout group. Be dressed and ready to go at 6:00 AM sharp! You'll need good running/walking shoes and shorts. Please bring a towel. Showers are available. Bring a lock if you want to use a locker during class; we are not responsible for lost articles.
Location: NT Winnetka

182-400 DAYS: Mon., Wed., Fri.
REGISTER TIME: 6:00-7:00A
DATES: 6/11-8/24
FEE: \$112/Seniors \$102

*No class 7/4

Sunrise Boot Camp

Beth Mendez • **30 sessions**

This is a whole body workout session designed to tone and sculpt your body and improve your personal fitness level and agility. High-energy interval training features a combination of strength, core, and cardio drills for a complete workout. All levels are welcome; work at your own pace. Please bring an exercise mat, hand-weights, a towel, water and a friend! Minimum of 17.
Location: NT Winnetka

182-401 DAYS: Mon., Wed., Fri.
REGISTER TIME: 5:50-6:50A
DATES: 6/11-8/24
FEE: \$165/Seniors \$151

*No class 7/2, 7/4, 7/6

Circuit Strength Training

Beth Mendez • **10 sessions**

All the latest research suggests strength training is key to maintaining health and retaining youth. Come join us for a music-driven hour of strength training utilizing free weights, tubing, medicine balls and your own body weight. No age requirement, no previous experience, no jumping or explosive movements! All you need is a smile on your face and a spring in your step. Please bring a towel and water. Limit of 12.
Location: NT Northfield

182-402 DAY: Mon.
REGISTER TIME: 6:30-7:30P
DATES: 6/11-8/20
FEE: \$110/Seniors \$94

*No class 7/2

Primer Floor Pilates/Core Strengthening

Beth Mendez • **10 sessions**

Pilates is a system and philosophy of exercises based on the work of Joseph Pilates (1883-1967) that focuses on precision and optimal alignment, requiring your focus to increase motor control. The Pilates method is gentle but effective in nature, as well as therapeutic. Pilates Primer is appropriate for beginners. You will learn 34 mat exercises, including the fundamental tenets of posture, body mechanics, correct breathing, spinal flexibility, and natural exercises. We have mats; however, **if there are more than 12 students signed up, you will need to bring your own mat.**

Location: NT Northfield

182-406 DAY: Mon.
REGISTER TIME: 5:30-6:30P
DATES: 6/11-8/20
FEE: \$110/Seniors \$94

*No class 7/2

FITNESS

Personal Group Training

Beth Mendez • 10 sessions

Enjoy the benefits of personal training combined with the motivation that comes from being part of a team. Bring your fitness goals to the trainer for a program designed just for you. Small group training will teach you how to work out and keep your body injury-free, with a primary focus on staying healthy and fit. An interval-inspired routine will test your cardiovascular fitness, along with body conditioning through strength training, stretching, and balance. Please bring water and a towel. Limit of 12.

Location: NT Northfield

182-403 DAY: Tues.

REGISTER

TIME: 5:00-7:00P

DATES: 6/12-8/21

FEE: \$165/Seniors \$148

*No class 7/3

Core and Back Strength

Beth Mendez • 10 sessions

This class, for both men and women, will strengthen your pelvic girdle and core to increase your mobility, strength, and stability using the specially designed Pelvicor Pro™ tool and specific exercises taught by a certified instructor. Weak or imbalanced core muscles can lead to lower back pain, hip pain, knee pain and pelvic floor dysfunction/incontinence. **Fee does not include \$60 equipment purchase if you do not own a Pelvicor Pro™ tool.**

Location: NT Winnetka

182-405 DAY: Wed.

REGISTER

TIME: 6:30-7:30P

DATES: 6/13-8/22

FEE: \$123/Seniors \$111

*No class 7/4

Boxing Fun!

Cardio, Sculpting, Stretching

Beth Mendez • 10 sessions

The fundamentals of a true boxer's workout are to strengthen and tone the arms, legs, back, core, and confidence. Designed for all ages, this high-intensity interval training workout sculpts your body and burns calories. You will be led through explosive boxing rounds where you'll deliver jab, cross, hook and uppercut combinations, working your entire body on our 100-pound heavy bags. For lower body workouts, we incorporate kicking with punching for a dynamic and challenging experience. The class includes a 10-minute focus for sculpting the core, finishing with a 10-minute total body stretch. Gloves are not necessary, however, you may want to wear them. There are some extra pairs in the studio. You can purchase your own for about \$20. Bring water bottle, and towel.

Location: NT Winnetka

182-404 DAY: Wed.

REGISTER

TIME: 5:30-6:30P

DATES: 6/13-8/22

FEE: \$123/Seniors \$111

*No class 7/4

FITNESS

Sweat and Stretch *NEW*

Beth Mendez • **10 sessions**

Jump start your weekend energy!

This class includes 20 minutes of age-appropriate cardio training and 20 minutes of static stretching to improve your vascular system. Learn how to become cardio-fit in 15 minutes a day! A heart rate monitor is not mandatory, but using one will get you better results in this class. Heart rate monitors help you understand your heart and how to train it, and the best style of monitor is the one that comes with the chest strap and wrist watch (Polar offers a nice one at a good price point). There are also several stretches we will be doing. Static stretching with 20-second hold times will help to loosen up your body, reduce back pain, and other aches and pains. Bring a water bottle, mat and towel—you will sweat!
Location: NT Winnetka

182-407

DAY: Sat.

REGISTER

TIME: 8:30-9:15A

DATES: 6/16-8/25

FEE: \$123/Seniors \$111

**No class 7/7*

Women's Self Defense & Fitness Training *NEW*

Linda Singer • **4 sessions**

Learn self-defense and get in shape from 5th degree Taekwondo black belt Linda Singer. Feel more secure and able to react and defend yourself. You will learn self-defense techniques including releases from grabs, strangulations, and kicking and punching. Each class begins with flexibility warm-ups and strengthening exercises. No prior training is required and all levels are welcome. Learn how to ensure personal safety with basic self-defense techniques specific to women. Please wear loose-fitting, comfortable clothes.

Location: NT Northfield

182-418

DAY: Wed.

REGISTER

TIME: 6:00-7:00P

DATES: 7/11-8/1

FEE: \$44/Seniors \$38

Chair Yoga *NEW*

Elaine Feinblatt • **11 sessions**

Chair Yoga is a complete fitness class for those challenged by age, illness, injury, or inactivity. The class is built on four main structures: exercise, yogic breathing, 10 min. of standing stretches, and relaxation. Please dress in loose and comfortable clothes. Limit of 12.

Location: NT Northfield

182-408

DAY: Mon.

REGISTER

TIME: 6:15-7:15P

DATES: 6/11-8/20

FEE: \$121/Seniors \$103

FITNESS

Hatha Yoga: Beginning/Continuing

Elaine Feinblatt • 11 sessions

This course is for both beginning and continuing students. Yoga is a wonderful method of exercise that has a long history of proven benefits, such as improving flexibility, countering stress, and managing weight. We will begin with the basic postures and build upon them, each week introducing new postures and stretches. In addition, the importance of proper breathing techniques for optimal health will be covered. During this course you will learn how the regular practice of yoga can lead to improved health and peace of mind. Please bring a mat to class and dress in loose, comfortable clothes. Limit of 12. Location: NT Northfield

182-411 DAY: Mon.

REGISTER

TIME: 7:30-8:30P

DATES: 6/11-8/20

FEE: \$121/Seniors \$103

Easy Yoga for Every Body

Elaine Feinblatt • 10 sessions

This class is for beginning students who want to learn basic mat-based yoga exercises. We will begin with relaxation reclined on a yoga mat and do seated, kneeling, and standing exercises with a relaxation at the end. Blocks are provided. Please bring a mat to class and dress in loose, comfortable clothes. Limit of 12. Location: NT Northfield

182-409 DAY: Wed.

REGISTER

TIME: 7:30-8:30P

DATES: 6/13-8/22

FEE: \$110/Seniors \$94

*No class 7/4

Gentle Yoga

Lucien Dall' Agata • 7 sessions

This class will follow a progressive order, exploring the various types of poses, the fundamentals of yogic breathing, and ultimately learning to meditate. Various settings will be offered, including props, partner yoga, chair yoga, etc. You will enjoy the benefits of reduced stress and better balance, strength, and flexibility. Blocks are provided. Please dress in loose, comfortable clothes. Bring a mat to class and a blanket if you desire. Limit of 12. Location: North Shore United Methodist Church

182-412 DAY: Wed.

REGISTER

TIME: 9:30-11:00A

DATES: 7/25-9/5

FEE: \$116/Seniors \$104

Hatha Yoga: Continuing

Diana Gourgeshon • 9 sessions

This course will focus on connecting breath to movement, resulting in greater flexibility, additional strength, and refined postures. Many benefits are derived through a regular yoga practice, including improved physical fitness, release of tension, and greater concentration and balance. Yoga philosophy and some meditation will also be included. Please bring a yoga mat and dress comfortably. Prerequisite: Yoga: Beginning/Continuing or permission of instructor. Limit of 12.

Location: North Shore United Methodist Church

182-415 DAY: Mon.

REGISTER

TIME: 9:30-11:00A

DATES: 6/18-8/20

182-416 DAY: Thurs.

REGISTER

TIME: 9:30-11:00A

DATES: 6/21-8/23

FEE: \$149/Seniors \$134

*No class 7/23, 7/26

ROWING

Summer Erg Workouts

New Trier Rowing Coaches • **6 sessions**
Erogometer workouts will be held at the New Trier High School Northfield Campus Commons and will include body and weight circuit work. Each course is 1.5 hours per session. All classes are co-ed.
Location: NT Northfield

182-623 DAY: Thurs.
REGISTER TIME: 1:00-2:30P
DATES: 6/14-7/26

182-619 DAY: Fri.
REGISTER TIME: 1:00-2:30P
DATES: 6/15-7/20

182-620 DAY: Mon.
REGISTER TIME: 1:00-2:30P
DATES: 6/18-7/30

182-622 DAY: Tues.
REGISTER TIME: 1:00-2:30P
DATES: 6/19-7/31

182-621 DAY: Wed.
REGISTER TIME: 1:00-2:30P
DATES: 6/20-8/1
FEE: \$96

**No class 7/2 - 7/5. There is class 7/6.*

Adult Summer Erg

New Trier Rowing Coaches • **7 sessions**
Adult erg classes will continue to meet outdoors, weather permitting at New Trier High School Northfield Campus. In the event of inclement weather, classes will be held indoors. Join fellow rowing enthusiasts in a fun class environment to condition on the “dreaded erg.” Achieve a new level of fitness for general health, cross-training and to improve boat speed when rowing on the water. No prior experience required.
Location: NT Northfield

182-603 DAY: Tues.
REGISTER TIME: 5:45-6:45A
DATES: 6/5-7/24

182-605 DAY: Thurs.
REGISTER TIME: 5:45-6:45A
DATES: 6/7-7/26
FEE: \$105

**No class 7/3, 7/5*



Tamaki Karagas

ROWING

Women's On-The-Water Rowing: Learn To Row

New Trier Rowing Coaches

These classes are for women who have no prior experience and want to learn to row in a fun and supportive environment. All classes will be held on the North Shore Channel of the Chicago River. Meet at the Dammrich Rowing Center, located at 3220 Oakton (at McCormick) in Skokie. Wear tighter-fitting shorts (biker-style) and a t-shirt and bring water. Please arrive 15 min. early to warm up/stretch prior to class. No discounts. Students should plan to attend all classes. There must be at least 4 enrolled for the session to be held. All participants are expected to know how to swim.

Location: Dammrich Rowing Center

4 sessions

182-624 DAY: Wed.
REGISTER TIME: 8:00-10:00A
DATES: 6/6-6/27

182-625 DAY: Fri.
REGISTER TIME: 8:00-10:00A
DATES: 6/8-6/29

182-626 DAY: Wed.
REGISTER TIME: 8:00-10:00A
DATES: 7/11-8/1

182-627 DAY: Fri.
REGISTER TIME: 8:00-10:00A
DATES: 7/6-7/27

182-628 DAY: Wed.
REGISTER TIME: 8:00-10:00A
DATES: 8/8-8/29
FEE: \$160

3 sessions

182-629 DAY: Fri.
REGISTER TIME: 8:00-10:00A
DATES: 8/10-8/24
FEE: \$120

Women's On-The-Water Rowing: Experienced Rowers

New Trier Rowing Coaches

These sessions are for women rowers with prior on-the-water experience that are seeking a recreational or competitive rowing experience. You will row on the North Shore Channel of the Chicago River. Wear tight-fitting shorts (biker-style) and a T-shirt, and bring a water bottle. Please arrive 15 min. early to warm up and stretch prior to all classes. You will be notified of your class enrollment by e-mail. No discounts, no "mix and match" option. Students should plan to attend all classes. No refunds. All participants are expected to know how to swim.

Location: Dammrich Rowing Center

4 sessions

182-636 DAY: Wed.
REGISTER TIME: 8:00-10:00A
DATES: 6/6-6/27

182-637 DAY: Fri.
REGISTER TIME: 8:00-10:00A
DATES: 6/8-6/29

182-639 DAY: Wed.
REGISTER TIME: 8:00-10:00A
DATES: 7/11-8/1

182-670 DAY: Fri.
REGISTER TIME: 8:00-10:00A
DATES: 7/6-7/27

182-671 DAY: Wed.
REGISTER TIME: 8:00-10:00A
DATES: 8/8-8/29
FEE: \$140

3 sessions

182-672 DAY: Fri.
REGISTER TIME: 8:00-10:00A
DATES: 8/10-8/24
FEE: \$105

ROWING

Novice On-The-Water Rowing Camp

New Trier Rowing Coaches • **10 sessions**
High school rowers or rowers with **less than one year of rowing experience who will be at least an incoming high school freshman** are invited to participate in one or both of the 2-week camps offered. On-the-water sessions are designed to complement the ergometer classes, and develop and reinforce proper rowing technique in a fun co-ed environment. Appropriate level conditioning and race strategies will be incorporated. No refunds.
Location: Dammrich Rowing Center

182-630 DAYS: Mon., Tues., Wed., Thurs., Fri.
REGISTER TIME: 3:30-5:30P
DATES: 6/18-6/22, 6/25-6/29

182-633 DAYS: Mon., Tues., Wed., Thurs., Fri.
REGISTER TIME: 3:30-5:30P
DATES: 7/9-7/13, 7/16-7/20
FEE: \$400



Mary Lou O'Toole

Varsity On-The-Water Rowing Camp

New Trier Rowing Coaches • **10 sessions**
High school rowers with a minimum of one year of rowing experience are invited to participate in this training and racing camp. On-the-water sessions are designed to further develop technique and prepare athletes for national-level rowing competition. Rowers will be able to compete at the Chicago Sprints held on July 6-8, however, this regatta will be coordinated by coaches and **is not sponsored** in any way by New Trier High School or New Trier Extension. The camp fee covers coaching, facilities and boat usage. Space is limited. No refunds.
Location: Dammrich Rowing Center

Varsity Boys

182-634 DAYS: Mon., Tues., Wed., Thurs.
REGISTER TIME: 1:30-3:30P
DATES: 6/18-7/19
FEE: \$750

*No class 7/3, 7/4

Varsity Girls

182-635 DAYS: Mon., Tues., Wed., Thurs.
REGISTER TIME: 1:15-3:15P
DATES: 6/18-7/19
FEE: \$750

*No class 7/3, 7/4

ROWING

Learn To Scull Class

New Trier Rowing Coaches

Designed for rowers as young as rising eighth-graders with no prior rowing experience. Participants will begin with two classes on land to teach rowing fundamentals on the rowing ergometer from 1-2:30 p.m., Monday 6/25 and Wednesday 6/27 at the Northfield campus, B-Commons. On-the-water rowing will be held from 9-11 a.m. Thursday 6/28, Monday 7/2, Thursday 7/5, and Friday 7/6 at the Dammrich Rowing Center. All participants are expected to know how to swim. Register early as space is limited! Participants should plan to attend all classes. No refunds.

Location: NT Northfield and Dammrich Rowing Center

6 total sessions

182-675 *NT Northfield Sessions*

REGISTER

DAYS: Mon., Wed.

TIME: 1:00-2:30P

DATES: 6/25, 6/27

Dammrich Rowing Center Sessions

DAYS: Mon., Thurs., Fri.

TIME: 9:00-11:00A

DATES: 6/28, 7/2, 7/5, 7/6

FEE: \$300

Summer Sculling

New Trier Rowing Coaches

Participants will learn proper sculling technique in recreational or racing singles, a double, or quads. Learn to scull and you can row for life! If you have previous sweep experience, sculling will improve your technique. All participants are expected to know how to swim. Prior rowing experience (sweep or sculling) or instructor approval required. Register early as space is limited!

Location: Dammrich Rowing Center

182-673

REGISTER

DAYS: Mon., Tues., Wed., Thurs.

TIME: 9:00-11:00A

DATES: 6/18-6/21

182-674

REGISTER

DAYS: Sat., Sun.

TIME: 9:00-11:00A

DATES: 7/14, 7/15, 7/21, 7/22

FEE: \$250



Jane Donaldson

SAILING

Beginners For Sail

Brian Earl • 1 session

Beginners for Sail is an opportunity for those curious about sailing to get out on the water and learn some of the basics. Spend two hours on Lake Michigan from Wilmette Harbor with a United States Coast Guard Master Captain and Certified Sailing Instructor, learning sailing safety, how a sail works to move a boat, points of sail, parts of a boat, and perhaps even learning a knot or two. This is a perfect opportunity to see our beautiful shore and the Bahá'í Temple from a different vantage point. These two-hour formats are offered from Wilmette Harbor on our J70 sailboat. Open to ages 13-adult. Minimum of 2, maximum of 5.

Location: Wilmette Harbor

182-770 DAY: Sat.
REGISTER TIME: 3:30-5:30P
DATE: 6/9

182-771 DAY: Sun.
REGISTER TIME: 6:30-8:30P
DATE: 6/24

182-772 DAY: Sun.
REGISTER TIME: 6:30-8:30P
DATE: 7/1

182-773 DAY: Sat.
REGISTER TIME: 3:30-5:30P
DATE: 7/14

182-774 DAY: Sat.
REGISTER TIME: 3:30-5:30P
DATE: 8/18
FEE: \$75

Families For Sail

Brian Earl • 1 session

Do you remember or wonder about the delight of your first sail? Families for Sail offer Parents and Grandparents a rare opportunity to share their curiosity or passion for sailing with the ones they love. Spend two hours with Captain Brian enjoying carbon free sailing from Wilmette Harbor, seeing the sites of Chicago, the Northwestern Campus, Gross Point Lighthouse and the Baha'i Temple from the water. Sessions are \$75 for adults and \$45 for youth (ages 8-18) (no discounts).

Location: Wilmette Harbor

182-775 DAY: Sun.
REGISTER TIME: 3:30-5:30P
DATE: 6/10

182-776 DAY: Sun.
REGISTER TIME: 3:30-5:30P
DATE: 7/15

182-777 DAY: Sun.
REGISTER TIME: 3:30-5:30P
DATE: 8/19
FEE: \$75 adult, \$45 youth

SAILING

American Sailing Association Basic Keelboat Certification — ASA101

Brian Earl

This 12-hour course certification sailing course teaches all of the critical skills to sail safely in nearshore water. It is the first course necessary for intermediate and advanced sailing courses, and is required by most sailing charter companies before allowing skippers to charter a sailboat both nationally and internationally. Learn safe sailing skills, parts of a boat, basic first aid and overboard rescue techniques along with rules of the road, navigation skills and five useful knots used aboard or ashore. This course is recognized by the US Coast Guard as a Safe Boating Course, taught by a USCG Master Captain and Certified Sailing Instructor. Successful students who pass a written and on-water exam receive ASA Certification along with their first years' membership in the ASA, including a subscription to Sailing Magazine. Open to ages 16-adult. Minimum of 2, maximum of 5. Location: Wilmette Harbor



June Harada

2 sessions • 6.5-hours

182-783 DAYS: Sat., Sun.
REGISTER TIME: 8:30A-3:00P
DATES: 6/9, 6/10

182-786 DAYS: Sat., Sun.
REGISTER TIME: 8:30A-3:00P
DATES: 7/14, 7/15

FEE: \$425 (no discounts)

4 sessions • 3-hours

182-782 DAYS: Tues., Thurs.
REGISTER TIME: 6:00-9:00P
DATES: 5/29, 5/31, 6/5, 6/7

182-784 DAYS: Mon., Wed.
REGISTER TIME: 6:00-9:00P
DATES: 6/11, 6/13, 6/18, 6/20

182-785 DAYS: Tues., Thurs.
REGISTER TIME: 6:00-9:00P
DATES: 7/10, 7/12, 7/17, 7/19

182-787 DAYS: Mon., Wed.
REGISTER TIME: 6:00-9:00P
DATES: 7/30, 8/1, 8/6, 8/8

182-788 DAYS: Tues., Thurs.
REGISTER TIME: 6:00-9:00P
DATES: 9/4, 9/6, 9/11, 9/13

FEE: \$425 (no discounts)

SAILING

Sun, Moon and Stars for Sail

Brian Earl

Have you ever seen the sun set or the moon rise from a sailboat on Lake Michigan? Can you recall the first time you really saw the stars, including the Milky Way from a spot away from the lights of the city? Journey with us to enjoy a beautiful sunset from the water on one horizon, while watching the moon rise over the lake on the other on full moon nights. On new moon nights, watch the sun go down and witness the wonder of a canopy of stars beyond the din of city lights from Waukegan Harbor. Sail along with a USCG Master Captain, with many hours of night sailing, who will help point out a few stars or perhaps even teach you the basics of celestial navigation while aboard. Bring a snack and your cameras! Open to all ages. Children must be accompanied by an adult. Minimum of 4, maximum of 6.

Location: Waukegan Harbor

Sun And Moon For Sail

182-793 DAY: Sat.

REGISTER

TIME: 7:15-10:00P

DATE: 8/11

FEE: \$50

Sun And Stars For Sail

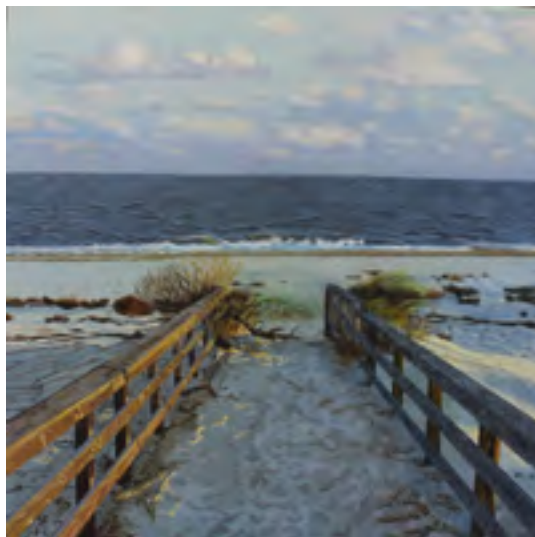
182-794 DAY: Sat.

REGISTER

TIME: 6:00-9:00P

DATE: 9/8

FEE: \$50



Wendy Ward

T'ai Chi Ch'uan for Health, Peace, and Happiness

The Harvard Medical School Guide to T'ai Chi says, "cutting edge research now lends support to long-standing claims that T'ai Chi favorably impacts the health of the heart, bones, nerves and muscles, immune system, and the mind." T'ai Chi Ch'uan can be a profound system of health and self-defense while instilling a feeling of relaxation and tranquility. Tai Chi can benefit everyone, from those who have been sedentary to those who are active athletes.

Qigong

6 sessions

Qigong, a type of Chinese health exercises, cultivates whole body health and well-being: the health of the entire body, mind, and spirit. Students will begin to learn exercises that promote relaxation and relieve stress, develop an understanding of Chi, and train the mind to assist the body to relax. Soft-soled shoes and comfortable clothing suggested.

Location: NT Northfield

Kathy Sheridan

182-430 DAY: Mon.
REGISTER **TIME:** 7:00-8:00P
DATES: 6/18-7/23
FEE: \$66/Seniors \$59

Paula Chalk

182-433 DAY: Sat.
REGISTER **TIME:** 9:30-10:30A
DATES: 6/23-7/28
FEE: \$66/Seniors \$59

Modified T'ai Chi Form

Pam Hultgren • 6 sessions

In the Modified Form class, students focus on the principles of T'ai Chi through the various exercises and Qigong as they learn the first section of the T'ai Chi Ch'uan form. A specific focus in this class is on health, balance, and flexibility. This class is ideal for older seniors or those who might have some physical challenges with balance and/or memory. Prerequisite: One semester of the Qigong and Foundations of T'ai Chi class. Soft-soled shoes and comfortable clothing suggested.

Location: NT Northfield

182-434 DAY: Sat.
REGISTER **TIME:** 9:30-10:15A
DATES: 6/23-7/28
FEE: \$50/Seniors \$43

T'ai Chi Form: 1st Section

Ann Cusack • 6 sessions

Students in this class will apply the principles learned in the Qigong and Foundations of T'ai Chi class as they learn the first section of the T'ai Chi Ch'uan form. This summer's classes will include a two-person practice called Ta Lu. Students may repeat the Form 1 class a number of times. Prerequisite: One semester of the Qigong and Foundations of T'ai Chi class or permission from the instructor.

Location: NT Northfield

182-431 DAY: Mon.
REGISTER **TIME:** 7:00-8:00P
DATES: 6/18-7/23

182-432 DAY: Sat.
REGISTER **TIME:** 8:20-9:20A
DATES: 6/23-7/28
FEE: \$66/Seniors \$59

T'AI CHI

T'ai Chi Form: 2nd Section

Pam Hultgren

This class focuses on the second section of the T'ai Chi Ch'uan Form and two-person practice including Ta Lu. Prerequisite: Permission of instructor, based upon having learned the first section of the Form.

Location: NT Northfield

5 sessions

182-435 DAY: Wed.

REGISTER TIME: 6:50-7:50P

DATES: 6/20-7/25

FEE: \$55/Seniors \$49

**No class 7/4*

6 sessions

182-436 DAY: Sat.

REGISTER TIME: 8:20-9:20A

DATES: 6/23-7/28

FEE: \$66/Seniors \$59

T'ai Chi Form: Advanced

Pam Hultgren • 5 sessions

The advanced class is for students who have learned the complete 37-posture T'ai Chi Ch'uan Form. In this class we will continue to focus on the principles of T'ai Chi as they relate to the Form, Sword, and two-person practice. Prerequisite: Permission of instructor, based upon having learned the 37-posture Form.

Location: NT Northfield

182-437 DAY: Wed.

REGISTER TIME: 8:00-9:00P

DATES: 6/20-7/25

FEE: \$55/Seniors \$49

**No class 7/4*



Marianne Roderick



Beverly Fleischman

LANGUAGES

French

For the classes at NT Winnetka, the first session will be held at NT Northfield, and the rest will be held at the Winnetka Campus. Check your receipt for details.

There are no French classes on 7/4.

French I Review

Domitille Nicolescou • **5 sessions**

This class will review all competencies learned in French I and expand vocabulary. We will get ready for the next level. Minimum of 6.

Location: NT Northfield

182-821 DAY: Wed.

REGISTER

TIME: 6:00-7:30P

DATES: 6/13-7/18

FEE: \$80/Seniors \$73

French III Review

Domitille Nicolescou • **5 sessions**

This class will review all competencies learned in French III and develop oral comprehension and expression. We will get ready for the next level. Minimum of 6.

Location: NT Winnetka

182-822 DAY: Wed.

REGISTER

TIME: 9:00-10:30A

DATES: 6/13-7/18

FEE: \$80/Seniors \$73

Conversation Français Intermédiaire

Domitille Nicolescou • **5 sessions**

Pour chaque classe un document court suivi d'une vidéo serviront de base à la conversation. Le thème de la classe : découverte de la France à partir d'icônes culturelles, d'évènements, d'objets ou de personnages ou de leur commémoration. Minimum of 6.

Location: NT Northfield

182-830 DAY: Wed.

REGISTER

TIME: 7:30-9:00P

DATES: 6/13-7/18

FEE: \$80/Seniors \$73

Cercle de Conversation Français Niveau I

Domitille Nicolescou • **5 sessions**

Cet été cinéphile, nous discuterons du cinéaste français Jean-Paul Rappeneau, de son dernier film : « Belles familles » et d'un autre à décider en classe. Minimum of 6.

Location: NT Winnetka

182-840 DAY: Wed.

REGISTER

TIME: 1:30-3:00P

DATES: 6/13-7/18

FEE: \$80/Seniors \$73

Cercle de Conversation Français Niveau II

Domitille Nicolescou • **5 sessions**

Une nouvelle servira de base à la conversation. Minimum of 6. *Fee does not include required text.

Location: NT Winnetka

182-842 DAY: Wed.

REGISTER

TIME: 10:40A-12:10P

DATES: 6/13-7/18

FEE: \$80/Seniors \$73

LANGUAGES

German

German I Review

Angelique Burbach • 5 sessions

This course is designed for beginners with German knowledge of one year or less.

We will review the material covered in the last year including basic conversation and vocabulary as well as grammar.

Location: NT Winnetka

182-811 DAY: Mon.

REGISTER

TIME: 10:00A-12:00P

DATES: 6/18-7/16

FEE: \$80/Seniors \$72

German III Review

Angelique Burbach • 5 sessions

For students who have taken German III or who have studied German for at least two years, this course will review grammar and vocabulary covered in the last year and will provide you with the opportunity to practice your skills.

Location: NT Winnetka

182-813 DAY: Tues.

REGISTER

TIME: 10:00A-12:00P

DATES: 6/19-7/17

FEE: \$80/Seniors \$72

German IV Review

Angelique Burbach • 5 sessions

This course is designed for students who have taken German IV or who have studied German for 3 years. We will review more advanced grammar and conversational topics. The focus of this class is to make you more comfortable and confident in speaking the language.

Location: NT Winnetka

182-814 DAY: Thurs.

REGISTER

TIME: 10:00A-12:00P

DATES: 6/21-7/19

FEE: \$80/Seniors \$72



Katherine Biondi

LANGUAGES

Italian

Italian I Review

Phyllis-Horn Liparini • **8 sessions**

For students who have taken Italian I or have a background in Italian, this course will give you the opportunity to review what you have already learned and practice your language skills to maintain them over the summer.

Minimum of 6.

Location: NT Winnetka

182-851 DAY: Thurs.

REGISTER

TIME: 9:00-10:30A

DATES: 6/21-8/9

FEE: \$128/Seniors \$115

Italian II Review

Phyllis-Horn Liparini • **8 sessions**

For students who have studied Italian for at least two years, this course will give you the opportunity to practice your skills with a focus on conversation and continued grammar study. *Fee does not include required text to be purchased online.

Minimum of 6.

Location: NT Northfield

182-854 DAY: Tues.

REGISTER

TIME: 4:30-6:00P

DATES: 6/12-8/7

FEE: \$128/Seniors \$115*

*No class 7/3

Italian III Review

Phyllis-Horn Liparini • **8 sessions**

Un corso per studenti con almeno tre anni d'italiano che desiderano approfondire lo studio d'italiano sia scritto che parlato. Il programma prevede lo sviluppo di strutture grammaticali nuove, conversazione, letture, e composizioni scritte. Minimum of 6.

Location: NT Winnetka

182-855 DAY: Thurs.

REGISTER

TIME: 12:30-2:00P

DATES: 6/21-8/9

FEE: \$128/Seniors \$115

Italian IV Review

Phyllis-Horn Liparini • **8 sessions**

Un corso per studenti con tre o più anni d'italiano che vogliono integrare la letteratura e la conversazione con un profondo ripasso della grammatica. Il programma da enfasi all'utilizzazione delle strutture già imparate. E probabile leggiamo una novella.

Minimum of 6. *Fee does not include required text to be purchased online.

Location: NT Winnetka

182-856 DAY: Thurs.

REGISTER

TIME: 10:30A-12:00P

DATES: 6/21-8/9

FEE: \$128/Seniors \$115*

LANGUAGES

Spanish

Spanish for Travelers

G.G. Baez • **6 sessions**

Learning Spanish phrases and vocabulary can make your travel much easier and more enjoyable. This course will also let you experience the culture and flavor of Spanish-speaking countries. Helpful travel booklet included! Minimum of 6.

Location: NT Winnetka

182-870 DAY: Mon.

REGISTER

TIME: 6:00-7:30P

DATES: 6/18-7/23

FEE: \$96/Seniors \$86

Spanish I Review

G.G. Baez • **5 sessions**

We will review important learning from the past year, including verbs and question words with irregular verbs. Handouts will be included. Minimum of 6.

Location: NT Winnetka

182-869 DAY: Tues.

REGISTER

TIME: 7:30-9:00P

DATES: 6/19-7/24

FEE: \$80/Seniors \$72

**No class 7/3*

Spanish I Advanced Beginning Review

G.G. Baez

We will review important learning from the past year, including verbs. There will be comprehension exercises to help students strengthen their communication skills.

Minimum of 6.

Location: NT Winnetka

6 sessions

182-872 DAY: Mon.

REGISTER

TIME: 10:30A-12:00P

DATES: 6/18-7/23

FEE: \$96/Seniors \$86

5 sessions

182-871 DAY: Wed.

REGISTER

TIME: 7:30-9:00P

DATES: 6/20-7/25

FEE: \$80/Seniors \$72

**No class 7/4*

Spanish II Review

G.G. Baez • **6 sessions**

You will improve your language skills by listening, conversation, and reading stories to review grammar and vocabulary. Handouts will be provided.

Location: NT Winnetka

182-873 DAY: Fri.

REGISTER

TIME: 10:30A-12:00P

DATES: 6/22-7/27

FEE: \$96/Seniors \$86

LANGUAGES

Spanish III Review

G.G. Baez • 5 sessions

We will review verb tenses and continue reinforcing grammar, writing, comprehension, and vocabulary through conversation. Handouts will be provided.

Location: NT Winnetka

182-863 DAY: Wed.

REGISTER

TIME: 10:30A-12:00P

DATES: 6/20-7/25

FEE: \$80/Seniors \$72

**No class 7/4*

Spanish IV Review

G.G. Baez • 6 sessions

This summer, you will increase your confidence in using the language. We will focus on comprehension and conversation using handouts, including a review of words with different meanings. If you are fairly fluent in Spanish, this immersion class will make you even more comfortable speaking the language. Minimum of 6.

Location: NT Winnetka

182-876 DAY: Mon.

REGISTER

TIME: 7:30-9:00P

DATES: 6/18-7/23

182-879 DAY: Fri.

REGISTER

TIME: 9:00-10:30A

DATES: 6/22-7/27

FEE: \$96/Seniors \$86

Spanish V: Conversation and Grammar Review

Alisha Betancourt Mullen • 8 sessions

This course is a summertime review for advanced students who can read and converse fluently and are interested in recognizing advanced grammar through classic literary readings. Instructor's permission is recommended for students new to NTX's Spanish program. *Fee does not include required text. Minimum of 6. Location: NT Winnetka

182-892 DAY: Tues.

REGISTER

TIME: 10:00-11:30A

DATES: 6/19-8/7

FEE: \$144 (no discounts)*



Mary O'Herlihy

MUSIC

Maui To Motown Adult Ukulele Group

North Shore Music Institute Staff • **8 sessions**
It's *never* too late to learn an instrument, and ukulele is one of the most fun and accessible ways for adults with a busy schedule to experience the joys of playing an instrument. This class is designed for true beginners. Students need to bring their own ukulele or you may purchase one from NSMI for \$40 at the first class.
Location: North Shore Music Institute, 400 Central Avenue in Northfield

182-103 DAY: Mon.
REGISTER TIME: 7:00-8:00P
DATES: 6/11-7/30
FEE: \$120 (no discounts)

Beginning Rock Band

George Tantchev • **4 sessions**
Have you always wanted to start your own band, but you're not sure which instrument you like most? Come and try drums, keyboard, bass, and guitar. Our experienced instructors will introduce them one at a time.
Location: Northfield School of Music, 1845 Oak Street, Suite 8. Northfield

182-104 DAY: Mon.
REGISTER TIME: 6:30-7:30P
DATES: 7/9-7/30
FEE: \$96 (no discounts)

Rock Jam

George Tantchev • **4 sessions**
Bring your guitar, bass, keyboard chops or drum sticks and join other musicians in a one-of-a-kind improvised rock jam. We welcome your song suggestions!
Location: Northfield School of Music, 1845 Oak Street, Suite 8. Northfield

182-105 DAY: Mon.
REGISTER TIME: 7:30-8:30P
DATES: 7/9-7/30
FEE: \$96 (no discounts)

Drumming for Health

George Tantchev • **4 sessions**
Drumming has been around long before any other musical instrument. Let's go back in time to feel the healing vibrations of hand drums. In addition, you will be learning a new world beat ever week!
Location: Northfield School of Music, 1845 Oak Street, Suite 8. Northfield

182-107 DAY: Tues.
REGISTER TIME: 7:00-8:00P
DATES: 7/10-7/31
FEE: \$96 (no discounts)

WRITING

Chrysalis: A Guided Autobiography Class *NEW*

Pam Mayers • 6 sessions

Don't wait another minute! Now is the time to begin writing your life story, a story that is just waiting to be told. 'Guided Autobiography' is a memoir writing class designed to assist adults of all ages in writing and sharing stories from their earlier life experiences. Each week, participants will be guided in exploring a different life theme, and writing a two-page life-story on that theme at home. Participants will bring the story to class the following week, and read it in a nonthreatening, confidential setting to a small group of supportive fellow classmates. Location: NT Winnetka

182-929 DAY: Thurs.

REGISTER TIME: 1:00-3:00P

DATES: 6/21-7/26

FEE: \$126/Seniors \$113

The Fiction Writer's Toolbox

Pamela Dell • 7 sessions

To master the art of writing fiction it's important to have a good handle on the tools of the trade—the elements of craft, including characterization, scene-setting, dialog, and other essential writerly skills. In this hands-on, writer-friendly workshop, participants will have the opportunity to strengthen these skills and take their work to a higher level through in-class writing prompts and take-home exercises. Each session will also include critiques of participants' work, including professional editorial feedback. Many would-be authors aren't aware of what they're doing wrong and this class will go a long way to remedy that. Limit of 10.

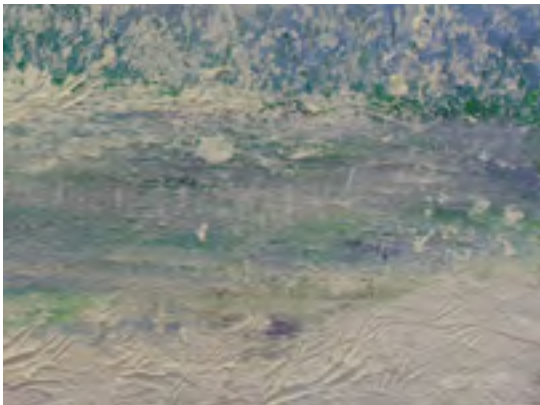
Location: NT Winnetka

182-930 DAY: Tues.

REGISTER TIME: 1:00-3:00P

DATES: 6/26-8/7

FEE: \$147/Seniors \$132



Beverly Fleischman

**New Trier Extension
Program Registration Form
www.ntx203.net**

SAVE TIME AND REGISTER ONLINE!

NEW TRIER EXTENSION • 7 Happ Road • Northfield, IL 60093
Phone: (847) 446-6600 • Fax: (847) 446-6614

Family Last Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone #: _____

E-mail: _____

Course Number	Course	Registrant's First Name	Registrant's Birthdate	Fee
			TOTAL	\$

WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK SIGNATURE (please read Page 49)
SIGNATURE OF ADULT PARTICIPANT OR PARENT/GUARDIAN:

Date: _____

Participation will be denied if the signature of adult participant or parent/guardian and date are not on this waiver.

Emergency Contact Name: _____ Phone: _____

PAYMENT INFO

Cash

Check

Credit Card (Visa | MasterCard | Discover)

Acct #: _____

Exp. date: _____ Total: _____

Authorized signature: _____

Print Cardholder's name: _____

New Trier Extension Waiver, Hold Harmless & Indemnification Terms

I recognize and acknowledge that there are certain risks of physical injury to participants in the course or courses identified on this registration form (the “Course”), and I voluntarily agree to assume the full risk of any and all injuries, damages, or loss, regardless of severity, that I or my minor child/ward sustain as a result of participation.

I release and discharge New Trier Township High School District No. 203, the New Trier Extension Program, including the Board of Education, its members, employees, agents, and volunteers (“New Trier High School”) from any and all claims from injuries, including death, damages, or losses which I or my child/ward may have or which may accrue on account of participation in the Course.

I further agree to indemnify, hold harmless, and defend New Trier High School from any and all claims resulting from injuries, including death, damages, and losses that I or my child/ward sustain arising out of, connected with, or in any way associated with the activities of the Course.

It is my express intent that this waiver and release shall bind the members of my family, spouse, heirs, assigns, and personal representatives and shall be deemed as a release, waiver, discharge, and covenant not to sue New Trier High School.

In the event of an emergency, I authorize New Trier High School to secure from any licensed hospital, physician, and/or medical personnel any treatment deemed necessary for my or my child/ward’s immediate care and agree that I or my child/ward’s will be responsible for payment of any and all medical services rendered.

I have read and understand the registration form, including the warning of risk, assumption of risk and waiver and release of all claims.

If any term, covenant, condition, or provision of this registration form is held by a court of competent jurisdiction to be invalid, void, or unenforceable, the remainder of the provisions shall remain in full force and effect and shall in no way be affected, impaired, or invalidated.

CLASS LOCATIONS

Be sure to check your class receipt for
class location details!

NEW TRIER NORTHFIELD CAMPUS

7 Happ Road, Northfield

NEW TRIER WINNETKA CAMPUS

385 Winnetka Avenue, Winnetka

DAMMRICH ROWING CENTER

3220 Oakton Street, Skokie

NORTHFIELD SCHOOL OF MUSIC

1845 Oak Street, Suite #8, Northfield

NORTH SHORE MUSIC INSTITUTE

400 Central Avenue, Northfield

NORTH SHORE UNITED METHODIST CHURCH

213 Hazel Avenue, Glencoe

WAUKEGAN HARBOR

625 Sea Horse Drive, Waukegan

WILMETTE COMMUNITY RECREATION CENTER

3000 Glenview Road, Wilmette

WILMETTE HARBOR

20 Harbor Drive, Wilmette

DISTANCE LEARNING:

Learn from the comfort of your own space, on your own time with Ed2go.

Is there something you'd like to learn but you don't see it in our course list?

Is there a course you would like to take that doesn't fit your busy schedule?

Now you can choose from hundreds of online courses that fit your hectic lifestyle. We've had rave reviews from adult learners who have taken our convenient courses. It's easy, and there are hundreds of classes available at all times!

- Each course consists of 12 web-based lessons over 6 weeks, with a two-week grace period at the end if you need more time.
- Read your lessons, print out a hard copy, chat online with your instructor, and give or receive assistance at the time most convenient for you.
- All courses are taught by dedicated professionals and provide opportunities for lively online discussions with the teacher and fellow students plus practical information that you can put to immediate use.
- All you need to get started is Internet access, a web browser and an e-mail address. Any additional requirements will be listed with the course description.
- A new section of each course begins on the following dates this term and you can start any time during the first two weeks of the section.

THIS TERM, COURSES BEGIN...

May 16 • June 13 • July 18 • September 15

SIGN UP IN TWO EASY STEPS:

Just go to www.ed2go.com/ntx for online classes taken entirely over the Internet.

Step 1: Sign up

Visit our Online Instruction Center at www.ed2go.com/ntx and click on 'Courses.' Browse the categories to find a course that interests you. You can see the entire course outline right there!

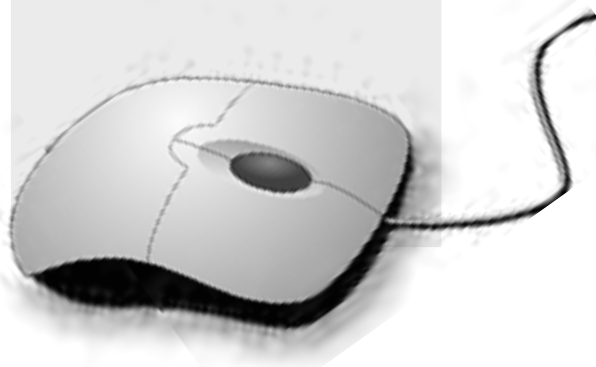
Select the course you would like to take and click on the 'Enroll Now' button. Follow the instructions to enroll and pay for your course(s) easily and safely online. Most courses are only \$115.

Please make a note of the e-mail address and password you choose for the course; you will need this information in order to log in for class.

Step 2: Begin!

The day you begin your course, go to: www.ed2go.com/ntx and click the 'Classroom' link.

Then, log in with the e-mail address and password you provided during enrollment!



What some NTX students have said about these courses:

"I thoroughly enjoyed this class and learned a lot about chemistry and how it works in the human body. The assignments and supplemental materials were helpful."

- **E.M.**, Introduction to Chemistry

"The instructor did a wonderful job of explaining concepts while making it interesting AND interactive!"

- **J.O.**, Number Sense and Computational Strategies

New Trier Extension Office & Northfield Campus Directions

New Trier Extension is located on the New Trier Northfield Campus. The address is 7 Happ Road, Northfield, but the office is in Building B which is best reached from West Frontage Road.

If you are coming from the north, take Winnetka Road, go south on West Frontage Road (between the athletic field and the expressway), drive past the white Stepan building and a red brick building, and turn into the driveway to New Trier (look for the New Trier sign).

If you are coming from the south, take Lake Avenue to Laramie Avenue (the light just west of the Edens Expressway), go north on Laramie Avenue, and turn right at the stop sign at Illinois Road. Go past two houses and follow the road around the left turn, where you will pass several more houses, some open forest preserve land, and turn into the New Trier driveway.

Drive straight forward into the parking lot facing the shipping/receiving doors. Use the B1 door to the immediate left of the shipping doors, under the large "New Trier Extension" sign.

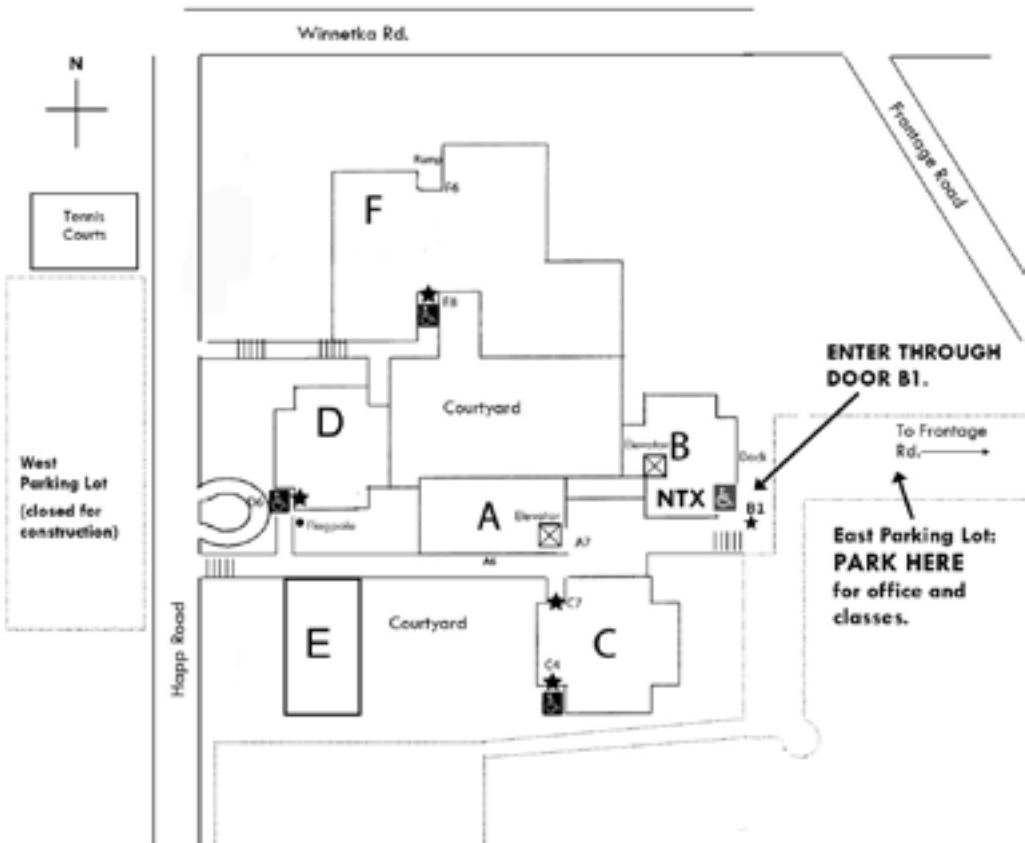


New Trier Extension Office & Northfield Campus Directions

For the NTX office or classes in the B Building, please enter campus via West Frontage Road, park in the east lot and enter door B1 under the New Trier Extension sign, just left of the shipping/receiving doors.

- The West Parking Lot will be under construction throughout the entire Summer of 2018. Parking is available in the East and Southeast parking lots.
- Please do not park in any spaces marked "reserved" between 7 a.m. and 4 p.m.
- For classes in the F Building, please enter through door F8.

For help or more information, please call the NTX office (847) 446-6600.

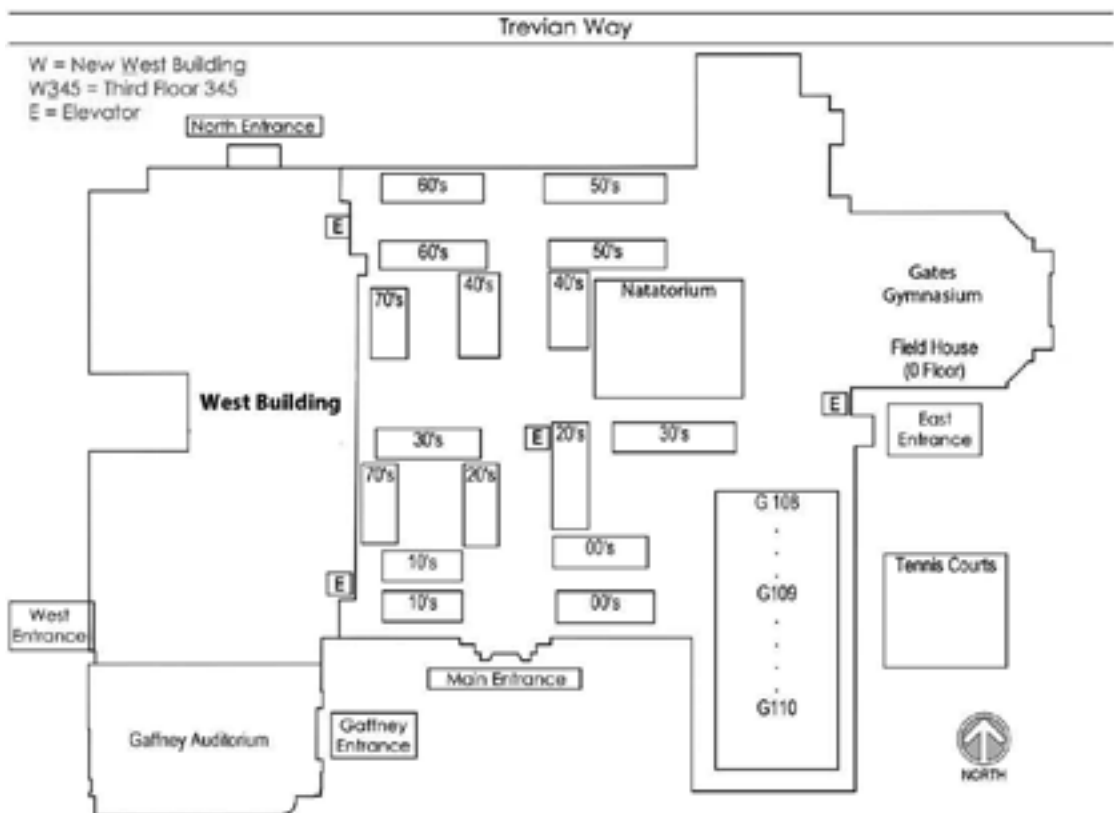


Winnetka Campus Directions

New Trier High School's Winnetka Campus is located at 385 Winnetka Ave. The nearest main intersection is Green Bay Road and Winnetka Avenue. If you head east on Winnetka Avenue, cross under the train tracks and proceed east about three blocks, New Trier High School will be on your left.

If you are coming from the I-94 expressway, exit on Lake Avenue East in Wilmette. Continue on Lake Avenue for about two miles and turn left on Ridge Road (turns into Church Road). At Winnetka Avenue, take a right. The campus will be on your left in a half-mile after crossing Green Bay Road.

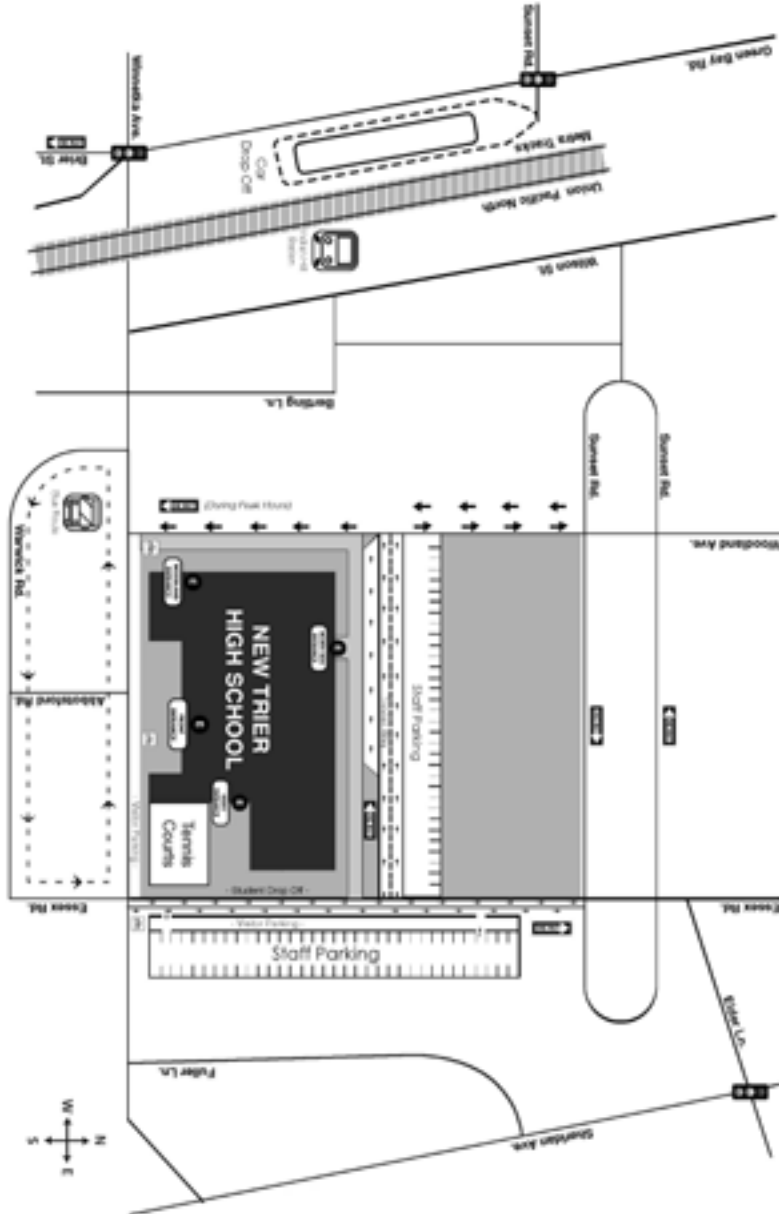
Check your class receipt for more detailed information on parking, classroom location, and entrance doors.



Winnetka Campus Directions: Parking and Traffic Map

NTX students may use the parking lots on campus. Please enter through the Northside Entrance located along the new access road (Trevian Way), which is a one-way road heading west. Access to Trevian Way is from the east (off Essex Road, along the tennis courts).

Please do not park in any numbered, reserved spots.



Frequently Asked Questions

New Trier Extension | www.ntx203.net

Can I register over the phone or online?

Because your signature is required for the liability waiver and credit card transactions, we are unable to accept phone registrations, however, we are now accepting registrations online! Visit our webpage at www.ntx203.net and follow the links to online registration. The registration system works best when opened in a Google Chrome browser.

Why can't I access the New Trier Extension Website to Register?

Most commonly, you need to clear the cache on your computer. To do this on Windows, press Ctrl+shift+delete and follow the prompts. On a Mac, press Command+shift+delete. If you still can't register online, try accessing the website through the New Trier home page. **Visit: www.newtrier.k12.il.us/NewTrierExtension.**

Once I register, how do I know where to go for my class?

You will receive an e-mail registration confirmation within a few days listing the location for your class and any other pertinent information (supply list, book list, etc.) This is for your information only; the confirmation is not necessary for entrance to class. If you do not receive confirmation, please call the office at (847) 446-6600. Confirmations will be sent electronically and supplemental paper confirmations will only be sent if necessary.

Do you have classes for children?

Almost all classes are open to adults and students high school age or older. North Shore Edge Wrestling, fencing and a few others are open to younger students. Please call the office to check before enrolling anyone younger than high school age if you are unsure.

I don't live in the New Trier school district. Can I take your classes?

Yes. Out-of-district residents are welcome and pay the listed tuition.

I have registered and can no longer attend my class. Can I get a refund?

If you withdraw at least 3 full business days prior to the start of class (or the registration deadline, where applicable), you will receive a refund minus a \$15 withdrawal fee. No refunds will be given after that time.

Is your catalog on the Web?

Yes. Our website includes a .pdf version of our catalog with live links, which allows you to click courses directly from the NTX catalog and register for the class of your choice in one easy step. You can also "Like" us on Facebook to get news of class changes, view the entire catalog in color, read about your instructor, and more at: www.ntx203.net.

Registration: 4 Convenient Ways

ONLINE: Register online at www.ntx203.net

FAX: Registration form can be faxed to (847) 446-6614. Credit card info must be supplied for all faxed registrations. No cash/check will be accepted.

MAIL: Registration form & check made out to NTX or credit card information can be mailed to the NTX office (address on back).

WALK-IN: Registration form and payment can be dropped off at the NTX office in room B125 of the Northfield Campus.

- Registrations are NOT taken by telephone.
- Receipts are emailed to registrants for all NTX courses.

Eligibility

Courses are open to high school students, college-age students and adults except where noted. Younger students may register for fencing classes as well as certain other classes; please call before registering if you have questions. All instructors have the right to determine if the child is of a suitable age for the course materials. NTX reserves the right to exclude from continued participation any individual whose conduct is disruptive to its programs.

Senior Discounts

Senior discounts are available to anyone 65 years or older (except where otherwise noted) and are shown as the “seniors” price for each course. Seniors must pay all fees in full. To be eligible, you must indicate birthdate on registration form. Discounts must be taken at the time of registration. Refunds will NOT be given after the fact. If no “seniors” price is shown, no discount is available.

Course Withdrawal Policy

All student withdrawals must be requested at least 3 full business days prior to the start of the class. No refunds are given after that time or the registration deadline, where applicable. Students withdrawing at least 3 full business days prior to the first class session or the registration deadline will receive a refund minus a \$15 withdrawal fee. In case of a course cancellation, a full refund will be issued automatically.

Faculty Assignments

Faculty may change at the discretion of the Manager.

Photography/Video

Photos and video footage are periodically taken of people participating in New Trier Extension programs and activities. All persons registering for NTX programs/classes, thereby agree that any photograph or video taken by the District may be used in District publications, advertising, marketing materials, brochures, event fliers, social media (including Facebook, Instagram and other social media sites operated by the District), and the District's website without additional prior notice or permission and without any compensation to you. All photos and videos are property of the District.

Discrepancies/Changes in Catalog Data

It is sometimes necessary to make changes in the location, times or date of courses. On occasion, inadvertent errors may occur in the catalog. NTX will make every effort to advise registered students of changes. We appreciate your patience and understanding in such matters.

Disabled Persons

Parking and all classes are accessible. Please call the office if you have questions.

Disclaimer

New Trier High School District 203 disclaims any responsibility or liability for any injuries, including death, damage to or loss of property or any other damages or losses sustained by participants in the New Trier Extension program which arise out of, are connected to or in any way associated with the activities of this program.

Office Hours

New Trier Northfield Campus, 7 Happ Road, Northfield, Building B, Door B1, Room 125, M-F, 8:00 am-3:30 p.m. Our voicemail and fax machine are on during and after office hours.

Textbooks

See e-mail registration confirmation for textbook information.

NEW TRIER EXTENSION
New Trier Northfield Campus
7 Happ Road
Northfield, IL 60093

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leadership in community education since 1939

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ntx@nth.s.net

(847) 446-6600