

**Postings**  
**From New Trier's Post-High School Counseling Office**  
**For Members of the 2017 Graduating Class**  
**May 1, 2017**

Your time at New Trier is drawing to a close, and it has been a pleasure to have worked with you regarding your postsecondary plans. Remember, the counselors here will be available throughout your college experience if you need recommendation letters or any assistance.

**One final piece of business required to enroll in your chosen college**

In the next few weeks, post-high school counselors will visit your adviser room to have seniors complete a form designed to give us your written permission to send the final transcript to the school you plan to attend. If you are not in your adviser room when the post-high school counselor visits, please drop in to room 201 and see Mrs. Perlongo or your counselor.

In order for New Trier to be able to mail your final high school transcript, this form must be completed.

In June, final transcripts will be mailed to colleges and the NCAA first, and then your copy will be mailed home. The college mailing typically takes place in mid-June to accommodate any make-up work seniors may need to finish.

If you wish to be a reference or ambassador to future New Trier seniors interested in your college, head over to this website and add your email to the google document: <http://bit.ly/2pWJmTc> Please use your personal or new college email address because your New Trier student email account will be closed in July. Thank you!

**Tips for Navigating College**

Please know that every college has a variety of resource people to make sure your experience is a positive one.

- Your resident hall assistant, or RA, on your residence hall floor is there to help with general college transitional issues such as living with a roommate, helping you figure out how to contact instructors, managing your floor government and arranging intramural teams. When in doubt, start here with any questions.
  
- You also have an academic adviser who helps you select the appropriate courses for the degree you think you want, who can help with any paperwork associated with changing your major, and who might be a terrific resource for a recommendation letter for graduate school or a job.

- There is an Office for Students with Disabilities to help individuals with documented disabilities manage their educational accommodations. Please ask your 504 coordinator or your New Trier program teacher to forward a copy of your most recent educational testing to the college where you plan to enroll. Each college reviews this testing to determine what kind of accommodations they can provide.
- There are tutoring centers for reading, writing, and mathematics on most campuses, sometimes even in your residence hall.
- The Student Health and Wellness Center is a place to register any prescriptions you will be taking throughout college, the place to go for any physical or emotional health concerns, and the place where you can look for a medical doctor or someone with whom to discuss personal issues.
- College faculty members are accessible, too. You should receive on each course syllabus the location and office hours of your professors; it is important to communicate with them if you will be missing classes or if you have any questions about material or assignments. Even for larger lecture classes where attendance is not routinely taken, you should make it a point to sit in the front of the class so you can see and hear, and to let your teachers know if you will have more than an occasional absence.
- Other important considerations for college success include:
  - Obtain some sort of “Chandler’s” in which you write in all of your obligations for the semester. College professors will hand you a syllabus in each class with a complete record of assignments, test and quiz dates, and due dates for any work.
  - If you keep record in a paper format, color reading assignments in black, quiz and exam dates in red, and other obligations (papers, projects) in blue for the ability to glance quickly at your homework.
- Remember your first priority is to be a *student* in college. Fraternity and sorority rush, club soccer and having fun are contingent upon you making grades that keep you in college. Focus on your academic obligations first.
- Many of you will be living with a roommate for the first time. Talk openly about how you hope things will progress in the room – and schedule a common lunch or brunch once every two weeks to discuss how things are going in the room so things don’t get out of hand. Consider:
  - Will you share clothes?
  - Do you share food in the refrigerator?
  - How do you both want to handle overnight guests?
  - If you are in a suite, what is the bathroom schedule?
  - What are your shared responsibilities for cleaning the room?
  - Will you share a computer printer? Who is responsible for paper and maintenance?
  - Go over your daily schedules together to make sure you consider each other as far as noise is concerned in the morning and late at night.
- If you decide to drop a college class, please immediately let your academic adviser know. If you simply stop going, you will earn an “F” on your record which may not be removed.

- If transferring is in your future, before the decision is made, check out the section of the New Trier Post-High School webpage regarding “Questions to ask yourself before transferring” to make sure you have considered everything before you make that move.
- Above all else, be safe. Remember never to leave a friend alone in any compromising situation, or to put yourself in harm’s way. Your personal safety and well-being are the most important aspects of your college experience.

Best wishes from New Trier’s post-high school counseling staff!