

*New Trier's Post-High School Counseling Office  
Sophomore Parent Newsletters*

*New Trier's post-high school counseling office is offering newsletters to sophomore parents on a voluntary basis.*

*Designed to provide parents with information pertinent to your student's postsecondary success, the newsletters will be forwarded electronically to you approximately six times during the sophomore year. Topics may include:*

- *Making the most out of the classroom: how to support your student's academic progress*
- *Balance: Finding co-curricular activities that speak to the heart*
- *Recommendations about recommendations: How classroom behavior opens or closes doors in the college admission process*
- *The college/career system at New Trier*
- *Standardized testing*
- *Revisiting the sophomore year: What to consider strengthening or trying during the junior year*

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*We recognize that your in-box is peppered with mailings and emails, so if you would like to hear from the post-high school counseling office via these newsletters:*

- *Complete and return this form to Terry Perlongo, New Trier Post-High School Counseling Office, 385 Winnetka Ave., Winnetka, IL, 60093, or*
- *Email the information requested below to [perlongt@newtrier.k12.il.us](mailto:perlongt@newtrier.k12.il.us).*

*Student*

*Name:* \_\_\_\_\_  
\_\_\_\_\_

*Parent*

*Name:* \_\_\_\_\_  
\_\_\_\_\_

*Parent Contact Email*

*Address:* \_\_\_\_\_

*Parent Phone – only to be used if there are delivery issues:* \_\_\_\_\_