

Community Center Name	Phone Number Email	Website	Agency Description
Counseling Center for the North Shore 992 ½ Green Bay Rd Winnetka, IL 60093	847-446-8060 (Phone) 847-446-9769 (Fax) support@ccns.org	www.ccns.org	The Counseling Center for the North Shore is a service that provides counseling, therapy, and community education. Up to 8 sessions at no cost to NTHS students. This center is not typically used in crisis situations and an appointment must be made to obtain a free consultation.
Family Service Center of Wilmette, Glenview, Northbrook & Kenilworth 3545 Lake Avenue Suite 200 Wilmette, IL 60091	847-251-7350 (Phone) 847-853-2600 (Fax) info@familyservicecenter.com	www.familyservicecenter.com	Family Service Center has locations throughout the North shore. They provide therapeutic counseling, student health and safety assessments, and mindfulness sessions. The cost for sessions are flexible and based on client income.
Family Service of Glencoe 675 Village Court Glencoe, IL 60022	847-835-5111 (Phone) info@familyserviceofglencoe.org	www.familyserviceofglencoe.org	Family Service Center has locations throughout the North shore. They provide therapeutic counseling, student health and safety assessments, and mindfulness sessions. The cost for sessions are flexible and based on client income.
Jewish Child and Family Services 255 Revere Drive Suite 200 Northbrook, IL 60062 Jewish Child and Family Services 5150 W Golf Rd Skokie, IL 60077	855-ASK-JCFS (Inquiries) 847-412-4350 (Reception) ask@jcfs.org <u>855-ASK-JCFS (Inquires)</u> <u>847-745-5400</u> ask@jcfs.org	www.jcfs.org	JCFS provides care and mental health support for children, teens, and adults. They provide support for people with disabilities and their families, respite care, special education, general counseling and more. Also provides summer camps for children with disabilities.
Josselyn Center 405 Central Avenue Northfield, IL 60093	847-441-5600 (Phone) 847-441-7968 (Fax) info@josselyn.org	www.josselyn.org	The Josselyn Center provides mental health support for children, teens, and adults. It offers, psychiatric evaluations, individual and family therapy, psychiatrist to oversee with medications, and group therapy. If you are in a crisis you can typically make an appointment on the day you call. Josselyn Center is the only Medicaid provider in the area, and is able to set treatment cost on a sliding scale based on the client's income.

<p>NAMI-Cook County North Suburban 8324 Skokie Blvd Skokie, IL 60077</p>	<p>847-716-2252 (Phone) 847-716-2253 (Fax) Crisis Text Line (Text NAMI to 741741)</p>	<p>www.namiccns.org</p>	<p>NAMI is located in Skokie and provides educational courses and support groups for families and parents dealing with severe mental health within their family. All are free of charge and many you can walk in without registering. There is also a support group for teens and young adults dealing with mental illness, but majority are for adults or those supporting someone close to them. They also have a Local Resource Helpline that can be reached at 1-847-716-2252. It provides resources, referrals, advice, and other information for individuals and families living with mental illness. NAMI has a support group offered in Spanish.</p>
<p>Metropolitan Family Services- Evanston 820 Davis Street Suite 450 Evanston, IL 60201 **Serving Evanston, Niles, Maine Townships</p> <p>Metropolitan Family Services- Skokie Valley 5210 Main Street Skokie, IL 60077</p>	<p>847-425-7400 (Phone) 312-986-4289 (Fax) contactus@metrofamily.org</p> <p>847-425-7400 (Phone) 312-986-4289 (Fax) contact us@metrofamily.org</p>	<p>www.metrofamily.org</p> <p>www.metrofamily.org</p>	<p>Metropolitan Family Services provides a wide variety of programs and services designed to strengthen families and help them realize their full potential. They offer support and education for economically challenged families, provides counseling for individuals and families, education courses for social and emotional development in children, and a wide range of legal services for cases of domestic violence, family and elder law, and housing and consumer issues.</p>
<p>OMNI Youth and Family Services 1111 W Lake Cook Road Buffalo Grove, IL 60089</p>	<p>847-353-1500 (Phone) 847-465-1964 (Fax)</p>	<p>www.omniyouth.org</p>	<p>OMNI has individual, family, and group counseling and is focused on giving young adults necessary skills and tools to create positive behavior. Omni's work focuses on those who are dealing with emotional and/or behavioral difficulties, mostly regarding substance abuse, youth referred to juvenile detention, and/or chronic stress. Their programs focus on improving decision making and</p>

			acquiring healthy, lifelong skills. OMNI has resources in English and Spanish.
Haven Youth & Family Services 825 Green Bay Road Suite 200 Wilmette, IL 60091	847-251-6630 (Phone)	www.havenforyouth.org	Haven offers a variety of services to help members of the community, including individual therapy, family therapy, and therapy groups. They can provide emergency housing for boys (12-17) and girls (12-18). Haven is unique because they offer up to 5 therapy sessions before having to contact a client's parents. Haven has a 24/7 crisis hotline—847-251-6630.
Glencoe Youth Services 680 Greenwood Avenue Glencoe, IL	847-835-3121 (Phone) director@glencoeyouthservices.org	www.glencoeyouthservices.org	GYS provides recreational, educational, social service and leadership opportunities for middle and high school aged youth living in New Trier Township. They have two programs a teen center for kids aged 6 th -12 th grade and SNAP (Special Needs Adult Pals), a program for adults with disabilities. The teen center is an after school and weekend drop in program that provides activities, programs, and leadership opportunities. Staff supervises and provides mentorship, role modeling, and other support.
Peer Services – Evanston 906 Davis Street Evanston, IL 60201	847-492-1778 (Phone) 847-492-0320 (Fax) contact@peerservices.org	www.peerservices.org	PEER Services is a nonprofit organization whose mission is to address and treat substance abuse. For teens assessed for substance abuse risk, PEER Services has a variety of short-term Early Intervention services designed to help teens identify risks associated with substance use as well as to enhance overall healthy lifestyle decisions. Early Intervention services include: Individual and group education sessions Individual and Group counseling Treatment is confidential, and no one is ever denied based on the ability to

			pay and treatment scholarships are available (insurance also accepted).
Peer Services – Glenview 3633 W Lake Avenue #305 Glenview, IL 60026	847-657-7337 (Phone) 847-657-7331 (Fax) contact@peerservices.org	www.peerservices.org	PEER Services is a nonprofit organization whose mission is to address and treat substance abuse. For teens assessed for substance abuse risk, PEER Services has a variety of short-term Early Intervention services designed to help teens identify risks associated with substance use as well as to enhance overall healthy lifestyle decisions. Early Intervention services include: Individual and group education sessions Individual and Group counseling Treatment is confidential, and no one is ever denied based on the ability to pay and treatment scholarships are available (insurance also accepted).
Youth Services of Glenview 3080 W Lake Avenue Glenview, IL 60026	847-724-2620 (Phone)	www.ysgn.org/mission-history	Youth Services of Glenview/Northbrook provides mental health support for children and youth. This organization offers individual and group therapy, crisis intervention, and tutoring services.